#### CHR, INC. (CARING, HELPING, AND **RESTORING LIVES)**

CHR WISHES YOU A MERRY CHRISTMAS AND A HAPPY NEW YEAR!

# VOLUME 10, ISSUE 1







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# **Meet the President & CEO**

Meet Dr. Mary L. House, and you're sure to walk away feeling encouraged, inspired, and even empowered to achieve your dreams. Mary's rich history includes overcoming poverty, nurturing a strong family, owning successful businesses, and helping husband and pastor Bishop Clinton House, Sr. build the congregation of Mountaintop Faith Ministries in Las Vegas from just 13 members in 1990 to more than 4,000. Today she is a successful businesswoman, family advocate, spiritual leader, motivator, and mentor, inspiring hundreds of women, thousands of families, and countless strangers regularly.

Mary's passion is to encourage and lift those in need by providing them with tools to achieve a life of self-sufficiency. In 1996, she co- founded the faith-based non-profit community organization CHR, Inc. (Caring, Helping, and Restoring Lives) to help families of the unemployed and under-employed in Southern Nevada. CHR has utilized more than eleven million dollars in federal grants and private funding to provide assessment, training, coaching, counseling, placement, and support to help thou- sands of adult and dislocated workers find gainful employment and upward mobility. As a business owner with more than ten years of experience, Mary has taught classes in people management, sales, goal setting, planning, money management, and other topics about managing a successful business. She currently serves as a member of the American Association of Christian Counselors, the National Association of Female Executives, and the Las Vegas Chamber of Commerce. Her philanthropic passion positively im- pacts the lives of all who encounter her.

The Moms in Business Network has honored Mary House with its annual "Women's Advocate Award." she received the Nevada Phenomenal Women's 2008 "Inspiring Phenom Award," and in 2022, she was a recipient of the Green Guardian award presented by Home Means Nevada Annual Awards .

As the "First Lady" of Mountaintop Faith Ministries, she leads by example and routinely teaches thousands on topics that foster individual spiritual growth. Dr. House holds two Honorary Doctorate degrees (a Doctor of Divinity and a Doctor of Humanity) and has received numerous community service awards.

Mary and Clinton House have two children and two grandchildren.

# **CHR & Clean Energy**

Since 1982, Dr. Mary L. House has been intrigued by clean energy. As her curiosity increased, she began to understand the planet by watching the National Geographic net- work. Dr. House stated that the National Geographic talks about everything from climate change to saving the earth. She also began saving through clean energy using LED light bulbs, smart thermostats, and energy- saving appliances.

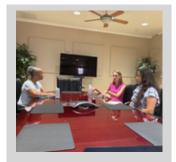
Dr. House is now "All-In" from purchasing energy-saving appliances to becoming an owner of a Hyundai Ionig electric vehicle. CHR, Inc., is in partnership with dozens of clean energy organizations to provide information in hopes that everyone will be excited about Clean Energy!

Read more about clean energy in this issue of The Caring Corner.



#### **CHR EMPOWERMENT**

Dr. Mary L. House has a deep passion for improving people's lives through education, empowerment, and edification. She has provided CHR monthly workshops and had roundtables with politicians and community activists while being a spokesperson for people of color. Through CHR, Inc., Dr. House hosts monthly workshops on topics ranging from economic empowerment to clean



### WORKSHOPS

energy (focusing on solar energy, weatherization, and much more). Dr. House has a desire for affordable housing through Phebe's Homes, in honor of her late mother Mrs. Phebe Marshall.

In this newsletter, we will highlight CHR endeavors.

# MRS. PHEBE E. MARSHALL My Mother

 Married Joseph Marshall in 1953 and they had i children
She was known in her community as Mrs. Phehe

community activist and a lover of people from I walks of life.

 She was a godly woman and an outstanding mother.



## **FEBRUARY WORKSHOP**

CARING HELPING & RESTORING LIVES E faith-based community nen-profit corporation

Join Us Zoom Empowerment Workshop Dr. House opened her 2024 workshops by presenting *The History of Domestic Violence (DV)*. From the beginning of time, throughout slavery, and to date, domestic violence has been in existence. Although there are laws to fight against DV, people of color (specifically Black women, 9.2%) have the highest rate of DV. Throughout the years, DV has expanded its definition to include not only intimate relationships but also parental and sibling relationships.

Purple is the signature color for Domestic Violence Awareness.

## **CHR MARCH**

During the March workshop, Dr. House highlighted powerful women who have made a lasting impact on society. These women include opera singer Marion Anderson, vocalist Linda Boston, educator and activist Fannie Barrier,



## WORKSHOP

the first Black Supreme Court Justice Ketanji Brown Jackson, teen STEM researcher Ana Vitzitiv, Olympian and teacher Wilma Rudolph, activist Fannie Barrier Williams, and so many more.

# FANNIE BARRIER WILLIAMS 1855 - 1944

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## **CHR APRIL WORKSHOP**

The April CHR Empowerment Workshop brought a familiar as Economic Guru Rhonda Jackson provided financial literacy. Ms. Jackson's Budget Plan Made Simple workshop showed each participant how to develop a budget. She encouraged participants to make investments and invest in themselves; she stated that every person should put aside at least \$1,000 cash on hand (to be ready for any emergency when a bank may not be an option). Ms. Jackson provided tips on improving your credit score, always being a good steward of your money, and much more...during the April Workshop, attendees were offered a free financial consultation! You can reach Ms. Rhonda Jackson at **sismngmt@yahoo.com.** 



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## JUNE EMPOWERMENT WORKSHOP

Dr. Marie Wakefield strutted her stuff with a presentation entitled "Be-Hattitudes (It's in Your Strut)." She demonstrated how hats can change a person's attitude" from sheik to sporty to classy." Every woman can strut her stuff if she puts on the right attitude for the day!



## JULY WORKSHOP



The Las Vegas Metropolitan Police Department (LVMPD) has some outstanding civilians and officers working within it. Two of its finest volunteered at the monthly CHR Empowerment workshop to share how Metro PD handles domestic violence incidents.

LVMPD Advocate Genevieve Embrey and Sgt. Christopher Rivera spoke to attendees about victim and child rights, counseling, officer response, and various programs available for victims and perpetrators.

For more information, you can contact LVMPD Victim Advocates at (702) 828-2955 or VictimServices@lvmpd.com.

## **AUGUST ~ W3 CONFERENCE**

When you think about empowering women, nothing compares to the MFM W3 (Women to the 3rd Power: Mind, Body, Soul) Conference. This three-day event consistently captures the essence of women's past, present, and future. The Conference theme, "Purification of a Queen," brought in women from all over the U.S. and abroad. The Conference opened and closed in prayer, praise, and worship! Guest speakers provided useful information through workshops on Financial & Health Empowerment, Etiquette, and Knowing Your Worth. VIPs received the royal treatment, including an exclusive evening featuring karaoke, two 5-star giveaways, and Wisdom and a Queen's Daily Confession by Dr. House.

Between breaks, attendees enjoyed numerous giveaways and Clean Energy commercials featuring information on electric cars and solar energy. However, the true highlight was the Coronation of a Queen, where attendees received their crowns as Queens! The Conference concluded with the host and visionary, Dr. Mary L. House, as the keynote speaker. Although this is the last W3 Conference to be held by Dr. Mary L. House, she will continue to pour into women from other streams. Look for more to come in 2025!

To purchase the 2024 W3 Conference, go to: https://drmaryhouse.store









2024 W3 Conference Compilation DVD (2 Disc) - The Coronation of a Queen <sup>\$35.00</sup>

# OCTOBER ~ MFM PINK & PURPLE WORSHIP

Every 3rd Sunday in October, Mountaintop Faith Ministries (MFM) church, in conjunction with CHR, Inc., recognizes breast cancer and domestic violence (DV) month; thus, Pink & Purple Worship service. The church asks patrons to wear pink and/or purple attire to commemorate the event. MFM's First Lady, Dr. Mary L. House, provides information and statistics for both awarenesses (highlighting DV):

**STATISTICS:** According to the (CDC) the Center for Disease Control, approximately 1 in 5 women and 1 in 7 men report experiencing some form of intimate partner violence (IPV) in their lifetime AND 1 in 5 homicide victims are killed by an intimate partner. Approximately 1,500 women are killed each year by husbands or boyfriends. According to the F.B.I, about 2 million men beat their partners per year.

<u>There is no excuse for abuse</u>. If you or someone you know is experiencing domestic violence, you can contact the Crisis Support Services of Nevada hotline at 775-221-7600 or text SASS to 839863 for free. To receive a Safety Plan and guidance, contact CHR: admin@chrinc.net.











# Going All-In with Clean and Sustainable Energy!



**Pictured below:** Many local, state, and federal officials were excited to come together to discuss President Joe Biden's investment in America program, a 6-billion-dollar investment that will transform America's Industrial Sector, Strengthen Domestic Manufacturing, and Slash Planet-Warming Emissions. Dr. House, Congresswoman Susie Lee, and other dignitaries spoke at the event.



THE CARING CORNER







# NEVADA CLEAN ENERGY FUND ADVANCES CLEAN ENERGY ACCESS WITH FEDERAL SUPPORT AND COMMUNITY COLLABORATION



**From left to right:** David Frommer (University of Nevada Las Vegas), Janet Quintaro (United Way of Southern Nevada), Marci Henson (Clark County Department of Environment and Sustainability), Kirsten Stasio (Nevada Clean Energy Fund), Assemblyman Howard Watts, Dr. Mary House (CHR, Inc.), Congressman Steve Horsford, Deputy Secretary of the Treasury Wally Adeyemo, Lizette Guillen (Nevada Partners), Maruice Page (Nevada Housing Coalition), Rachel Lewison (City of Las Vegas), John Richardson, Nic Steele (Access Community Capital), Rodney Chichester (Access Community Capital), Rick Damian (City of North Las Vegas), and Wilson Ramos (City of North Las Vegas)

In May, the Nevada Clean Energy Fund (NCEF) hosted a roundtable discussion with Deputy Secretary of the Treasury Wally Adeyemo, Congressman Steven Horsford, and community leaders in Nevada to discuss opportunities for federal funds to advance clean energy access and lower utility bills.

#### <u>Read more, 05/23/2024 - Janette Zambrano - Press Releases</u>

<u>Https://Nevadacef.org/nevada-solor</u>







FOR IMMEDIATE RELEASE September 26, 2024

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## NCEF Launches New Community Councils to Support Solar for All Program

**Las Vegas, NV**- The Nevada Clean Energy Fund (NCEF) proudly announces the launch of five Solar for All Community Councils, each dedicated to ensuring that the benefits of solar energy reach Nevada's low-income and historically underserved communities.

These councils include the **Persistent Poverty Community Council**, Local Governments and Schools Community Council, Affordable Housing Community Council, Tribal Advisory Board, and Labor Community Council. Composed of members from their respective communities and supported by NCEF staff, these councils will play a critical role in shaping solar energy initiatives that address the unique needs of each group.

Each council will focus on robust community engagement through surveys, listening sessions, and other methods, to identify and address the most pressing concerns within their communities. Their insights will help ensure that NCEF's Solar for All program is equitable, accessible, and beneficial to those who need it most.

"Addressing persistent poverty requires a deep understanding of the challenges faced by our most vulnerable communities," said Dr. **Mary House, CEO and Co-Founder of CHR Inc. and Chair of the Persistent Poverty Community Council.** "Our council is committed to identifying real solutions that uplift and empower those in historically underserved communities who are looking for ways to lower their energy bill and live a healthier life."

"We are committed to creating sustainable and affordable housing and recognize the importance of integrating clean energy solutions into our projects," said Natalie Prochaska, Director of Planning and Research at Nevada HAND, and Chair of the Affordable Housing Community Council. "The Solar for All program presents a unique opportunity to not only reduce energy costs for low-income residents but to also support housing goals."

"The Tribal Advisory Board will help ensure Tribal Nations in Nevada are aware of the opportunities available to them to advance Tribally owned clean energy projects," said **Andrea Martinez, Chairman** of the Walker River Paiute Tribe and Chair of the Tribal Advisory Board.

#### For more go to: https://nevadacef.org/new-community-councils/



# GOING GREEN WITH CHR, INC.

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# E ERGY EFFICIENCY DAY

Save energy. Save money.

Because saving energy and money go hand in hand, the non-profit <u>Consumer Federation of America</u> came up with 12 simple ways to save both. Join thousands of organizations, companies, and individuals in a nationwide effort to become more energy-independent, improve the environment, and save households hundreds of dollars in unnecessary energy costs by following these top tips:

I. AIR DRY: Air dry dishes instead of using your dishwasher's drying cycle.

 TURN IT OFF: Use timers and motion detectors to turn off lights and be sure to unplug TV entertainment systems when traveling (use power strips for easy on/off switching) and don't leave your computer and monitor on needlessly.

3. DON'T GET BURNED WITH HOT WATER: Lower the thermostat on your water heater to 120F. Water heaters are the second highest source of energy use in the home.

4. FILL IT UP, PLEASE: Wash only full loads of dishes and clothes.

5. KEEP 'EM CLEAN: Check the furnace, heat pump, and AC filters once a month and replace them regularly. A dirty air filter can increase your energy costs and cause problems with your equipment.

6. GET A CHECK-UP: Get your heating system checked once a year. A licensed professional will make sure that your system is operating efficiently and safely. Checkups can identify problems early.

7. STOP THE BREEZE: Caulk and weather-strip around drafty doors and windows.

8. GET AN AUDIT: Your utility company may offer free energy audits that can identify expensive energy losses in your basement, unfinished rooms, attics, and leaky ductwork. Sealing your ducts can give big savings on energy bills and help keep you from turning up the thermostat because of one cold room.

9. TAKE A WALK: Circle your home with easy-to-use spray foam insulation and look for openings and gaps around pipes, chimneys, lights, windows, and basement brick and cement work.

10. GET WITH THE PROGRAM: Install a programmable thermostat that automatically adjusts the temperature during the day or at night, keeping you from forgetting as you dash off to work. A programmable thermostat can save you up to \$100 a year.

11. STAY BRIGHT: As "old-school" incandescent light bulbs burn out, replace them with new, lightemitting diode bulbs (LEDs) and save about \$90 a year in electricity costs. IT MAY COST A LITTLE MORE BUT You pay more up-front, but shop around, prices are dropping. They use up to 25% less energy, can last up to twelve times longer, and are light like the old-fashioned ones do.

12. BE A STAR: Look for products and appliances that have earned the ENERGY STAR label. They meet strict new energy efficiency criteria that will reduce your utility bills and help the environment. ENERGY STAR clothes washers, use approximately 40% less water and 25% less energy for washing than standard models.



# CHR in the Community

On October 9, 2024, the Home Means Nevada Annual Awards dinner recognized community groups and/or leaders who share the vision for a better climate future.

One of the awards, the Green Guardian Award, was presented to **Kristen Stasio**, CHR's friend and co-worker in the Nevada Clean Energy Fund (NCEF). The Green Guardian Award celebrates the work and achievements of an organization or individual dedicated to increasing access to a healthier and cleaner environment for Nevadans. The Green Guardian(s) combat climate change through their actions by reserving resources, maintaining a quality standard of living, and protecting Nevada from a scarcity of resources while promoting positive public health and protecting the environment.

#### Congratulations Kristen!



KRISTEN STASIO RECEIVING THE GREEN GUARDIAN AWARD







DINNERS

#### **VOLUME 10, ISSUE 1**



# CHR in the Community



RALLIES



**TESTIMONIES** 



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WORKSHOPS

MEETINGS



a faith-based community non-profit corporation

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Dr. Mary L. House Chief Executive Officer

<u>Board of Directors</u> Clinton House, Chairman Aubrey Branch, Treasurer Richard Burrus, Jr., Secretary Kevin Boyd, Board Director Victoria Simon, Advisor

#### Welcome to CHR, Inc. (Caring, Helping, and Restoring Lives)

#### **OUR VISION IS:**

To assist under-employed and unemployed adults with employment opportunities that lead to a self-sufficient lifestyle and to improve our wellbeing through clean energy by providing clean energy information and resources.

#### **OUR MISSION IS:**

To bring hope, help, and healing to victims of domestic and sexual violence through the love of Christ, counseling, education, and services. The individuals participating in this program will need combining and continued economic empowerment, case management, recovery services, and advocacy to help them maintain healthy, nurturing, and violence-free lifestyles. Our mission is also to provide information and resources regarding clean energy through our Nevada Clean Energy Initiative and information and resources for HIV/AIDS.

#### **OURDOMESTIC VIOLENCE & CLEAN ENERGY PROGRAMS:**

CHR Inc's Culturally Specified Domestic Violence Prevention Program provides entrepreneurship, resume writing, interviewing, and dressing for success assistance and victim advocacy services for families who are victims of domestic and sexual violence. CHR, Inc., has expanded its organizational vision to include clean Energy as we partner with programs generated by clean energy organizations.

#### FUTURE PROGRAMS—Phebe's Homes

It is an affordable housing development program with the following Mission: To provide a housing development that will nurture individuals by providing financial counseling to promote debt-free living and providing case management to ten- ants that will assist them in upward mobility in the workforce.

# THE VISION OF CHR, INC.

#### **Target Base**

CHR, Inc.'s target is adult African American men and women. Men and women who seek to better their lives through employment, training assistance, job preparation, childcare, healthcare, transportation & food vouchers. We also targe those desiring a clean and healthy environment through clean energy.

#### Future Plans

CHR, Inc. has expanded its organizational vision from assisting underemployed and unemployed adults to also helping Domestic Violence survivors, the Clean Energy Initiatives, and HIV/AIDs. The expansion brings expenses; therefore, CHR, Inc. is seeking funding for

organizational growth housed in a facility conducive to its development.

CHR, Inc. plans to employ a staff that is ready and able to meet the needs of those seeking the invaluable tools CHR, Inc. has to offer and to empower volunteers to assist.

#### How Can I Partner with CHR, Inc?

This faith-based organization, CHR, Inc, is continually seeking corporate sponsorship and In-Kind donations that will allow

To not only be queens for a day but TO BE QUEENS FOR A LIFETIME!

#### **Contact**

Dr. Mary L. House Phone: (702) 908-5753 Fax:(702) 974-1815 Email: drmlhouse@chrinc.net <u>www.chrinc.net</u>

#### Join CHR, Inc. on its Social Media Sites:

Website: https://chrinc.net/ <u>Twitter:</u> @inc\_chr <u>Instagram:</u> Chrinc96

Feel free to go to the above website and take advantage of our <u>Secure Online Support service through Paypal</u> <u>and give a tax-deductible donation.</u>



#### THE CARING CORNER