



Placenta Encapsulation Service – Reference Guide

What Happens Next

Thank you for choosing Three Suns for your placenta encapsulation. This guide walks you through what to expect next, including how to prepare before birth and what to do after delivery.

IF YOU ARE STILL PREGNANT

- Let your provider know you plan to keep your placenta
- If delivering in a hospital, include this in your birth preferences
- Make sure your support person knows your plan

AFTER YOU DELIVER

Please notify us as soon as possible after birth.

We will coordinate:

- Hospital pickup, or
- Pickup from your home, or
- Drop-off instructions if you prefer to bring it to us

Keep It Cold

Until pick up or drop off, the placenta should be:

- Placed in a sealed container
- Stored in a refrigerator (best) or in a cooler with ice within 4 hours of delivery

STORAGE GUIDELINES

Proper storage is essential for safe encapsulation.

- Within 4 hours of birth → placenta should be refrigerated or put on ice.
- Refrigerated → safe for up to 3–4 days
- Frozen → up to 6 months postpartum.
- Place in a sealed container or double-bagged

WHEN YOUR PLACENTA CANNOT BE ENCAPSULATED

There are some situations where encapsulation may not be appropriate or safe.

These may include:

- Signs of infection (maternal or placental)
- Placenta stored at room temperature for an extended period
- Exposure to chemicals (such as formalin)
- Certain medical conditions or complications

If any concerns arise, we will communicate with you directly and discuss options.