



Shipping Details

STEP 1

We mail you a placenta collection/shipment kit that will have everything you need to ship us back your placenta. This will include:

- An insulated lunch bag
- A styrofoam container to ship your placenta
- An ice chest
- A Whirl Pak bag
- 2 ice packs
- One large ziplock bag
- A roll of tape
- Prepaid overnight label (already on the styrofoam box)

STEP 2

On the day you deliver your baby, bring: 1) The insulated lunch bag 2) The Whirl Pak bag 3) A zip lock bag. You will give the Whirl Pak bag and the leak proof container to your nurse and tell her, "I am keeping my placenta and I want the placenta to be placed into the Whirl Pak bag and I want that put into the zip lock bag" Once you have delivered

your baby, the nurse will have you sign a release form and will then give you your placenta (in the container). You will then put your placenta into the insulated lunch bag and keep it on ice (the hospital will provide ice) until you or someone with you is able to take it home.

STEP 3

When you are home, put your placenta into the freezer for a minimum of 24 hours. This will ensure that your placenta stays cold and preserves the freshness.

Shipping out your placenta:

1. Take the ice packs and the bag with your placenta in it, out of the freezer and place them into the other large zip lock bag.
2. Place into the insulated lunch box.
3. Place the insulated lunch box in the cardboard shipping box.
4. Tape it up.
5. Take to the nearest UPS store.

STEP 4

What to expect next:

1. Your placenta will take 4-5 days to process
2. Your placenta will be shipped directly to you once it is finished

