

WOMEN OF THE WAY (W.O.W.)

Meeting Date: 12/10/20

Facilitator: Janet Butler

Lesson Plan: TRUTH - What do you really believe?

Introduction - Our desire to live a risk-free life is a form of unbelief and fear. If in your private thoughts you are trying to order your world so it is predictable and feels safe and if God is not the focal point of your search for security. Not only is this an impossible and unachievable goal but it is counterproductive to spiritual growth.

F.E.A.R. = False evidence appearing real

Philippian's 4:8-9 - What we think and dwell on we become

- What are you meditating on?
- What are you sharing with others?
- What do you really believe?

The Power of Believing the Truth

Nearly 60 years ago outside Nashville, TN a little girl was born with major health problems that left her crippled. She had a large Christian family who loved and encouraged her but her hope was very dim for ever walking again without braces.

One day she asked her parents "Will I ever be able to run and play like the other children?"

"Honey, you only have to believe," they responded. "You have to trust in God because with God ALL things are possible".

She took it too heart and unbeknownst to her parents and doctors she practiced waling without braces with her sisters and brothers. On her 12 birthday, she surprised them by removing her braces and never wore them again. Her doctors could not believe it. Can You?

Oh, but there is more.....

Her next goal was to play basketball. She continued to exercise her faith and courage as well as operate her underdeveloped legs - and she tried out for the school basketball team. They wanted her sister and Father convinced them that they come in pairs. Reluctantly, she was let on the team, received an outdated uniform and was allowed to work out with the other team members.

One day she approached the coach and said “if you give me an extra 10 minutes of coaching a day, I will give you a world class athlete.” Realizing she was serious he did coach her.

At the age of 16 she was of the best young runners in the country. She won the bronze in Austria and then went to the Olympics in Rome 1960. There she won the 100- and 200-meter dash and anchored the 400 meter relay team. She capped the year by receiving the prestigious Sullivan Award as the most outstanding amateur athlete in the US.

Wilma Rudolph's faith and hard work had paid off.

Faith Hall Of Fame - Hebrews 11:4-38 – See attachment

WHAT IS STOPPING YOU FROM THIS KIND OF FAITH?

The Essence of Faith

Hebrews 11:6 - Without faith is it impossible to please God?

- Why? Doesn't God know my Heart?
- Faith in who and what?

- **Faith depends on an object**
 - We all live by faith everyday
 - What happens when the object of your faith becomes unreliable?

- **How much faith you have is dependent upon how well you know the object of your faith**
 - True knowledge of God and His ways
 - Knowledge increases faith
 - If you have little knowledge about God and His word, you will have little faith

- **Faith is an action word James 2:18-20**

¹⁸ But someone will say, “You have faith, and I have works.” Show me your faith without ^[a]your works, and I will show you my faith by ^[b]my works. ¹⁹ You believe that there is one God. You do well. Even the demons believe—and tremble! ²⁰ But do you want to know, O foolish man, that faith without works is ^[c]dead?

New age says, if you believe hard, it will become true.

The Bible is true; therefore, I believe. I agree with God.

“Needing God is the key to knowing Him”

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