Lunar Light Wellness

FULL MOON TRACKER, 2027

~ A Tracking Invitation ~

Each month, allow the Full Moon to take you on a journey of discovery and connection. Note the **Date**, **Time** of moonrise, and the **Direction** (degree on a compass) for moon's rise over the horizon.

What is the moon teaching you about nature? ...your community? ...yourself?

Date Full:	Rise Time:	Direction:	Notes:
Example: January 25th	4:32pm	57°	Watched from the pond. Too cloudy to see the moon. Took a picture of the horizon anyway, pointing out where it would have risen. Happy to be outside!!