



The 3C Approach

by Ultimate Mom Coach *Deborah Porter*

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WHAT I DO

Deborah Porter, The Ultimate Mom Coach for Home/Life Balance, is a system creator and investigator of anything that will make things run smoother at home and in life. Having systems in place, allow you to make room for yourself in every phase of motherhood and the 3C approach is where we begin.

WHO I AM

The Founder of Moms Mentoring Circle, coaches and mentors moms to create systems in their homes and for their families that give everyone ownership so that every mother can have and implement a regimen of self-care that is non-negotiable. Deborah is a regular contributor on WTVR's Virginia This Morning and occasional guest on WJLA's The Mother Side.

WHAT YOU NEED

- Morning and evening routines that are clear, concise and easy for all to follow. From the youngest member of the family to the oldest.
- A home that minimizes clutter, where everything has a place.
- A blueprint for system creation and implementation that fits and grows with your family.
- Accountability, community and smart goal-setting for you and your next. Mother is a hat we wear, not the only hat we wear.

THE 3C APPROACH

GAINING CLARITY

- Identify areas in the home that need order.
- What systems are needed? Craft and implement the systems needed.
- Prioritize YOU and the setting and achieving of goals.
- Create systems that allow for balance in your home and life.

BUILDING CONFIDENCE

- How to create win/win dynamics in your relationships, inside and outside your home.
- How to listen to and trust your maternal instincts.
- How to build a village of moms that value collaboration over competition.
- How to rebound from parental mistakes.

MANIFEST COURAGE

- Saying "no" without the guilt, to have the freedom to say "yes", when you want.
- Determine what you need and how to receive it.
- Create an atmosphere of cooperation in your home and a village of support.

WANT MORE?

[Click here](#) for a FREE 30 min strategy call with Deborah and to find new ways to create a life that you love.



Deborah Porter

The Ultimate Mom Coach