

Deborah Porter

Workplace Parent Consultant



Deborah Porter is a sought-after influential voice and media contributor on parenting, motherhood and work/life balance. She partners with organizations to create workplace cultures proven to retain their most significant talent pool- working parents.

Known as The Ultimate Mom Coach®, Deborah's impactful presence extends from delivering keynotes, conducting workshops, hosting webinars, to coaching across the United States, Canada, and Nigeria.

Her work has been featured in Parents, Motherly and other esteemed publications. Deborah is a recurring expert guest on Fox Good Day DC, ABC Good Morning Washington and CBS Virginia This Morning.



Parents®

Media Segments:

Work/Life Balance

Default Parent

Decision Fatigue

Organizations Served:



The Kennedy Center

The Kennedy Center



Capital One



Verizon



Virginia Commonwealth University



Hearts for Moms



MOPS International



North Carolina Associations of CPAs



South Shore Health System



Our Family Wizard



Lucas County Children Services



VSCPA



Mom's House



National Science Foundation

Signature Talks:

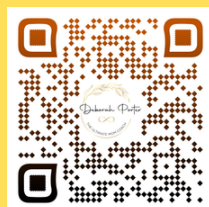
The Myth of Work/Home/Life Balance

Re-Engaging The Working Parent: The Intersectionality of Work/Life/Home

The Working Parent's Juggle

How to Starve Imposter Syndrome at Work and at Home

Preparing for the Empty Nest Now



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