



Deborah Porter

**Wife, Mother, Mentor and
Ultimate Mom Coach
Author, Speaker**

www.deborahporter.net

Deborah Porter is the ultimate list maker, system creator and investigator of anything that will make things run smoother at home and in life. From new mom to empty nester, Deborah has employed strategies along the way, while being married for 30 years to her college sweetheart and raising 3 children. Having systems in place allowed her to achieve her personal goals while making room for herself in every phase of motherhood. Probation officer, parole officer and criminal investigator are some of the jobs Deborah has had.

Currently, Deborah is the *Founder of Moms Mentoring Circle*, where she coaches and mentors moms, she's a regular contributor on *WTVR's Virginia This Morning* and occasional guest on *WJLA's The Mother Side*. She believes that being a mother is the one job you give your all to, only to work yourself out of that job. And even though that's true, motherhood doesn't have to happen alone.

Topics Deborah frequently speaks to:

- ~Avoiding the Supermom Syndrome
- ~The Word "No" is a Complete Sentence
- ~Home Management Mastery
- ~Nourishing Your S.E.L.F.
- ~and more

Visit her website for a free gift, www.deborahporter.net



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