

Volume - Litres to Fluid Ounces & Pints

Litres	Fluid Ounces	Pints
55 ml	2 fl oz	
75 ml	3 fl oz	
150 ml	5 fl oz	0.25 pint
275 ml	7 fl oz	0.50 pint
570 ml	9 fl oz	1 pint
725 ml		1.25 pint
1 litre		1.75 pint
1.2 litre	18 fl oz	2 pints
1.5 litre		2.50 pints
2.25 litre	36 fl oz	4 pints

Weight - Grams to Pounds & Ounces

Grams	Pounds & Ounces
10 g	0.25 oz
20 g	0.75 oz
25 g	1 oz
40 g	1.50 oz
50 g	2 oz
60 g	2.5 oz

75 g	3 oz
110 g	4 oz
125 g	4.5 oz
150 g	5 oz
175 g	6 oz
200 g	7 oz
225 g	8 oz
250 g	9 oz
350 g	12 oz
450 g	1 lb
700 g	1 lb 8oz
900 g	2 lb
1.35 kg	3

Measurement - Centimetres to Inches

Centimetres	Inches
3 mm	1/8 inch
5 mm	1/4 inch
1 cm	1/2 inch
2.5 cm	1 inch

3 cm	1 1/4 inch
4.5 cm	1 3/4 inch
5 cm	2 inch
6 cm	2 1/2 inch
7.5 cm	3 inch
9 cm	3 1/2 inch
10 cm	4 inch
13 cm	5 inch
13.5 cm	5 1/4 inch
15 cm	6 inch
16 cm	6 1/2 inch
18 cm	7 inch
19 cm	7 1/2 inch
20 cm	8 inch
23 cm	9 inch
24 cm	9 1/2 inch
25.5 cm	10 inch