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Consecration Journey

90-Day Journal

Dedicating your Soul, Heart and Body

Image/Grace

90 Days-Consecration for a purposeful you!



Consecration is defined as: to make holy, dedicated to a higher purpose, and most importantly dedicated to God.

Consecration is a willing decision to dedicated your soul which is your mind, will, and emotions. Your heart and your body over to God for His use.

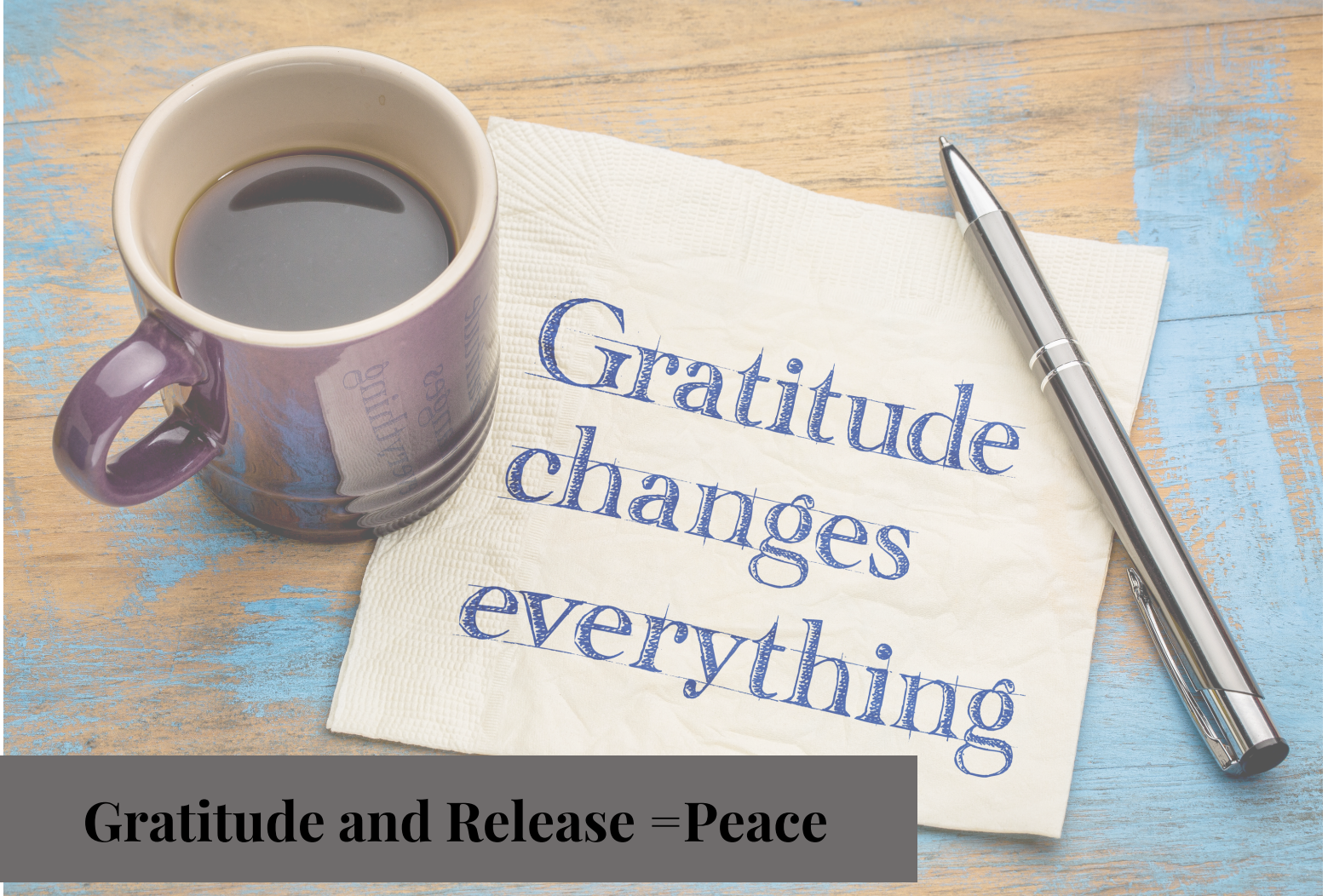
The question is What is stopping you?

Is it our heart? Which defines our motives. Do we operate with a heart of gratitude? Are we always grateful in spite of our situation?

There are other issues that can hinder us and it can be hidden behind social media, overspending, addictions, or overeating.

What do you need to release in your life? What do you need to change in order to be available for God's purpose?

Let us take this journey to draw us closer to God, and we can renew our commitment to him while allowing Him to set us apart for His purpose.



Gratitude and Release = Peace

Focusing on how good God is and has been in your life will bring gratitude and feelings of inner peace. One way to do that is to write down each day what you are grateful for.

Second step is to write down what you are willing to give up 3 days a week for 90-days. If you do not know ask God for revelation.

Third step- Every Tuesday, Wednesday, and Thursday in the month of January we will focus on our dedication to God. For the months of February and March you will receive a notification when those journal entries are available.

This will require writing, fasting, prayer, and commitment. We promise that if you do this faithfully God will begin to show up like never before in your life. You will have more clarity, be drawn closer to God, and you will walk in a higher purpose.

For 90 days, look for little moments or actions every day which will allow you to see the changes in you. Don't be hard on yourself grace says you can do this!

Blessings!

My 28-day gratitude list

MONTH OF:
February

DATE	I'm thankful for...

"For where your treasure is, there your heart will be also." Matthew 6:21

My 31-day gratitude list

MONTH OF:
March

DATE	I'm thankful for...

"And let the peace of Christ rule in your hearts, to which indeed you were called in one body. And be thankful." Colossians 3:15

List of things/people that I need to give up

MONTH OF:
January

DATE	I must let go of.....

"When they came to the place of which God had told him, Abraham built the altar there and laid the wood in order and bound Isaac his son and laid him on the altar, on top of the wood." Genesis 22: 9

List of things/people that I need to give up

MONTH OF:
February

DATE	I must let go of.....

She made a vow and said, "O Lord of hosts, if You will indeed look on the affliction of Your maidservant and remember me, and not forget Your maidservant, but will give Your maidservant a son, then I will give him to the Lord all the days of his life, and a razor shall never come on his head. 1 Samuel 1:11

List of things/people that I need to give up

MONTH OF:
March

DATE	I must let go of.....

And walk in the way of love, just as Christ loved us and gave himself up for us as a fragrant offering and sacrifice to God. Ephesians 5:2



Week 1-Tuesday

Dedication to God-My Conscience

Image/Grace



Week 1-Wednesday

Dedication to God-My Will



Week 1-Thursday

Dedication to God- My Mind

Image/Grace



Week 2-Tuesday

Dedicated to God-My Body



Week 2 - Wednesday

Dedicated to God-My Motives



Week 2-Thursday

Dedicated to God- My Emotions



Week 3-Tuesday

Made Holy-Behavior

Image/Grace



Week 3 - Wednesday

Made Holy-Conversations

Image/Grace



Week 3 - Thursday

Made Holy-Relationships

Image/Grace



Week 4-Tuesday

Dedicated to a higher Purpose-Not my will by thine will be done.



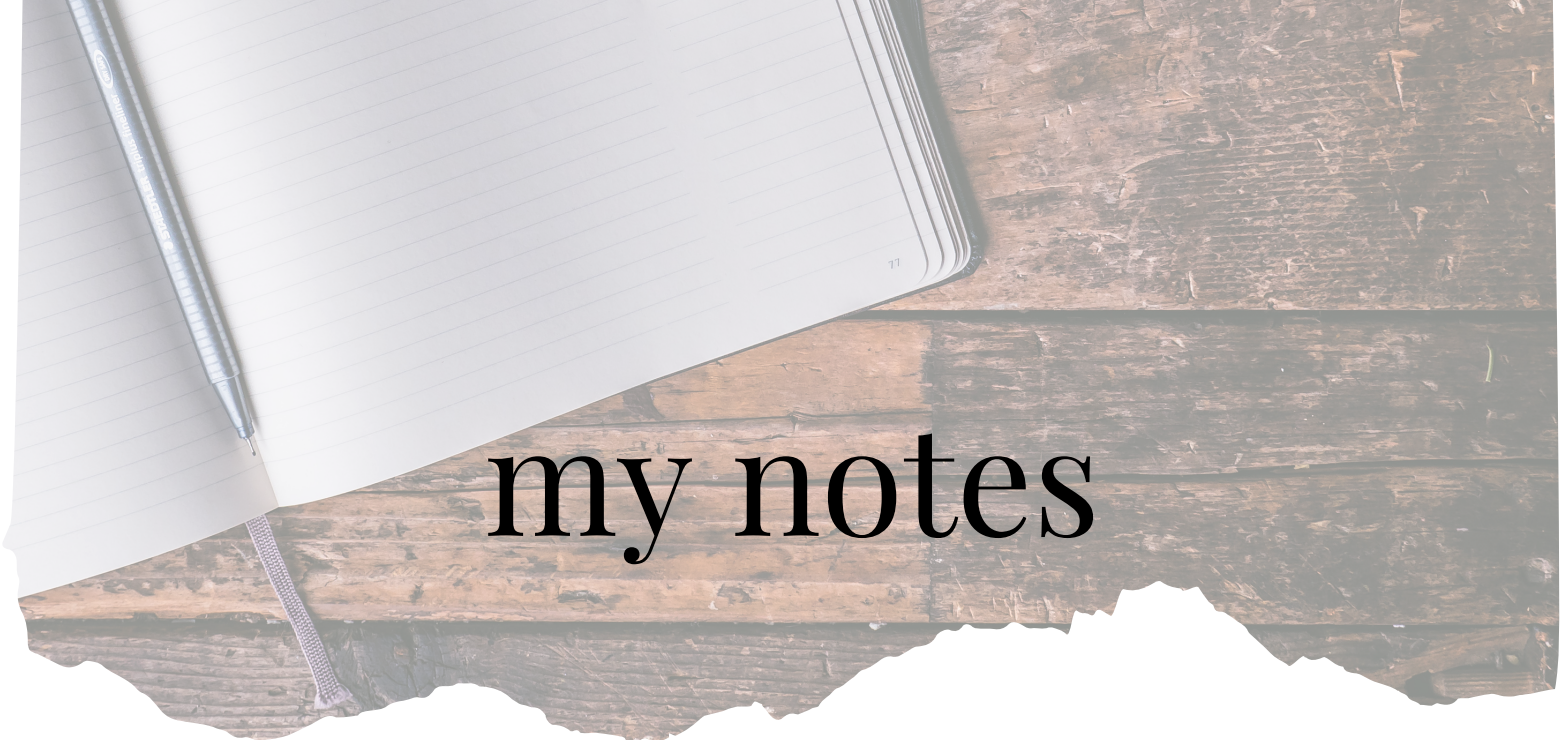
Week 4 - Wednesday

Dedicated to a higher Purpose-I will fulfill purpose today!

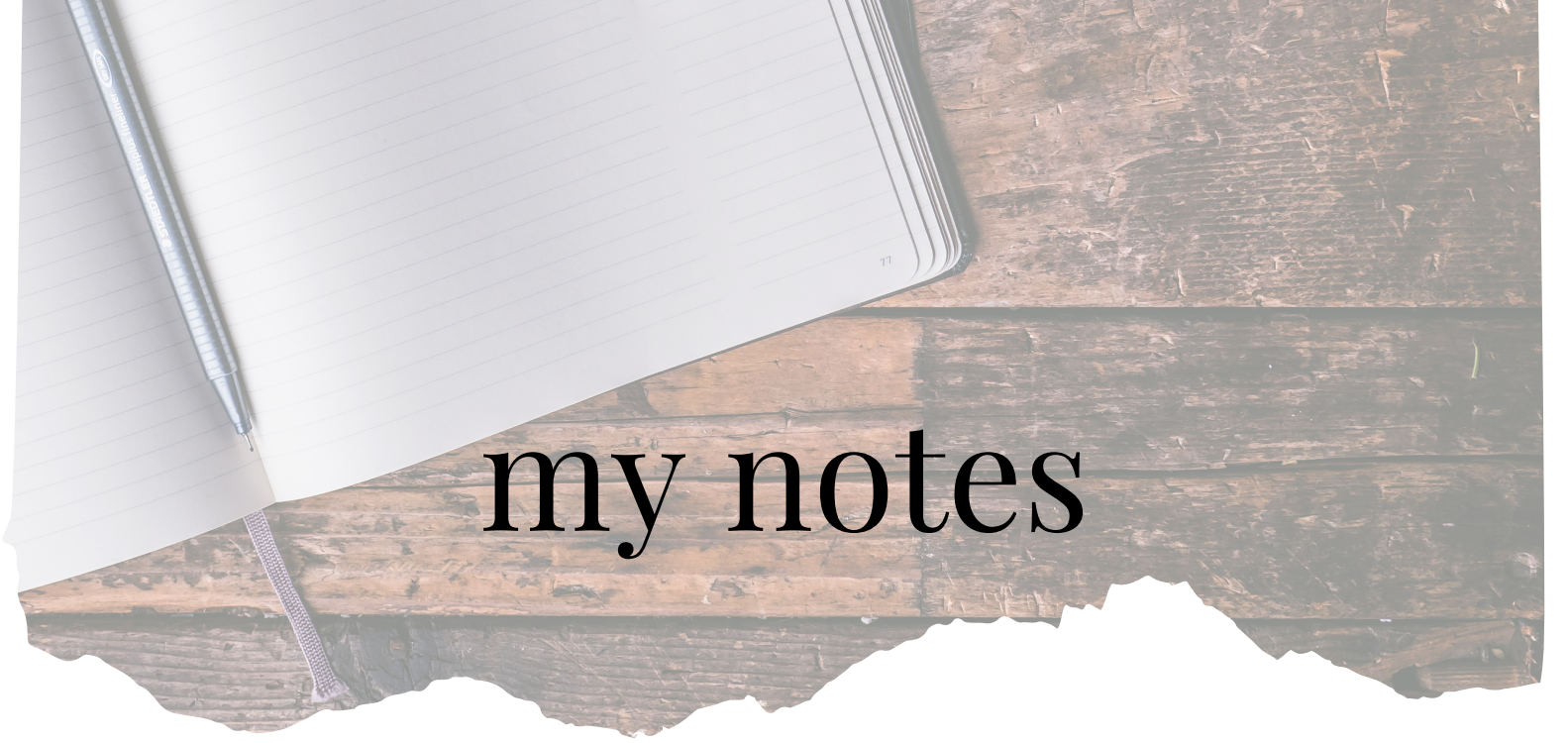


Week 4-Thursday

Dedicated to a higher purpose-Wake up status intentional



my notes



my notes
