

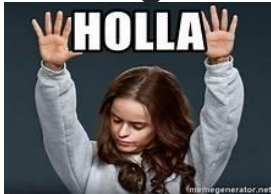


STRUT YOUR STUFF GIRL and BRING HOME THAT BACON!

Some of you may remember a 1980 perfume commercial that featured this sensual woman holding a wad of cash, a frying pan and then spraying herself with perfume as she strutted on screen singing:

***'I can bring home the bacon
Fry it up in a pan
And never ever let you forget you're a man
Cause I'm a woman.....'***

We have to give a girl her accolades when she's having to juggle between work and home life. It takes perseverance, determination, persistence, a bit of charisma and a whole lot of ***"I'm not backing down, dog gone-it!"***



If you can relate, holla back at me.

Women seem to be natural born multitaskers. A married woman & mother has a role of wife, mother, cook, bookkeeper, taxi driver, tutor, motivation coach, pet groomer, housekeeper, coupon collector, family counselor and support coach for family and friends. The single woman/mom has to carry this and more, without financial, physical or emotional support and I'm pretty sure I left some things out too

Yet, you ladies have gotten your routine down MILITARY STYLE and without breaking a sweat. After all, your multitasking skills are in use **EVERY.... GOSH - DARN - DAY!**

In fact, you can fit 15 different things into one hour. Let me remind you (although you don't need it) that you face challenges on a continuous basis.

In case anyone wants to doubt your capabilities, remind them of what you have to tackle every day..... **YOU**

► Get the kids up and ready for school, cook breakfast, Iron their clothes, help hubby find a tie to match his suite. Oh, we mustn't forget to let the dog out to take care of business, while you try and keep the cat from scratching your new furniture.

► Oh no!....., right as everyone is walking out the door, one of your darlin kids manage to spill juice all over their clothes and you have less than a minute to find another outfit; praying it doesn't need ironing because, *what kind of mother would you be to let your children go to school looking like orphans, right?*

► Finally, after dropping the kids at school, you've made it to work just in time to put out fires, while making sure you keep the boss and your customers/clients happy; and you're just getting started on an eight hour day.

► It's the end of the day. You're tired and drained yet still you have so much more on your plate with picking up the kids, making a dash to the grocery store for tonight's meal preparation. You're juggling dinner, the laundry and helping with homework simultaneously.

► Meanwhile, hubby needs to vent about his stressful day at work (**don't even get me started- did he say stressful? yah right**). You still have to walk the dog, feed the cat, and wash the dishes before bed.

► Nope, you're not done..... just as you're winding down for the day, hubby needs some TLC (and we're going to leave it right there) and lucky you, because you get to relive this routine all over again tomorrow, **Hooray!!!**.

Whew, I'm tired just thinking about all of this. How do you do it ladies?

Listen **Ms. Fabulous**, that's right you're **"Fab-u-lous"!!!**
You're made for this, in fact you've been in training for years, juggling home, family and work and the in-betweens. So, **DON'T ----- YOU ----- EVER** question who you are. You know what to do.....

**STRUCT YOUR STUFF GIRL
and BRING HOME THAT BACON!!**

Until the next Confession....

Be Your Best Always

Amy