

WHO... DO YOU THINK YOU ARE?

You are a "diamond in the rough" but, by-golly, when it's your time,



vou will SHINE

because that's what diamonds do.

Name calling has escalated to epidemic proportions these days, especially with social media, viral videos, and primetime TV at our disposal. Most of the time, the one doing the name calling is not being kind by any means. There are people who actually think it's okay, fashionable even to be abrasive, and hostile with name calling. In actuality, it shows who they really are.

I was at a small social gathering when a person whom I thought I had a fairly good working relation with, well, at least I thought I did, starting flinging verbal insults at me because I didn't agree with her and because I wouldn't let her do what she wanted. After I got over the initial shock of what she said to me in front of everyone, I kindly addressed her in a soft but emphatic tone, as to not cause a scene, "be careful because your horns are showing", in other words, you're acting that a real devil. It was my way of pointing out to her how she was acting without calling her a name that was floating around in my head at the time.

It's unbelievable sometimes how people will take things too far and this is what I'm addressing today in this blog. Maybe you've personally encountered someone who was verbally offense or know someone who experienced it. I admit, it doesn't feel good to be insulted, called names and especially in public. Most often than not, insults are accompanied by rude and obscene profanity. It's enough to make you hurl something out them and we know that it and worse things has happened as a result. It's not worth responding to some of the off the wall scrap you hear. I love myself too much to want to get hurt or end up in jail.

Honestly, it's human nature to want to throw back after an attack, but why stoop to their level? Will it make you feel better to call them a "B" or "MF" (profanities) because they called you one? Nope, because you're still going to be just as upset, agitated, and angry with them after you've said your piece. I mean really?...... Who do they think they are for saying those things to you, they don't know you, right?

It's a known fact that people who habitually insult others have a lot of insecurities. They are generally unhappy people. They enjoy using slanderous and degrading words because they don't feel good about themselves, so they get a little satisfaction from trying to make you feel worse than they are.

There is a certain feeling of confidence when you know who you and you feel good about yourself. So, what you really should be asking yourself, is **who do I think I am?**

Here are three things you should know:

- •When you know who you are, inside and out then you have no need to belittle others, even if they did it to you.
- When you know who you are no one else can make you feel inadequate, and less than who God made you to be. Know what potential lies within you.
- •When you know who you are, it doesn't matter what others think, only that you are in control of your destiny, and you decide who's opinions matters and whose does not.

Blog Snippet:

When my granddaughter was 3 years old, and her older brother was around 6, he got angry with her because he thought she was being a menus; "she's so aggravating" he would say. Honestly, she was only being a bouncy and bubbly little sister who wanted her brother's attention, but he wanted to play his video game and she was distracting him. So, he yelled at her, "that's why you're so ugly". She ran to me with hurt feelings and crying, "J- called me ugly". "Well, are you ugly?", I asked her. She replied, "no". "Then why are you so upset about something you know that you're not?" After sharing a few more positive and encouraging words with her. She quickly dried her tears and went back to playing as if he had never be insulted. Because she knew within herself that she wasn't an ugly girl. As a matter of fact, everywhere she went, strangers as well as family and friends admired her beauty. She captured the attention of on lookers nearly everywhere she went, even as basic as in a grocery store.

- •Maybe she was upset because she loved her brother too much, in that moment she believed what he was telling her was actual true.
- •Maybe she needed reassurance that what he was telling her wasn't true even though she knew better.

All along the way, as she was growing up I kept reminding her of who she was, what she could become in life, what lies within her. This is very important for children because it shapes their little minds to think greater. Just one year later this same little girl had her first solo stage dance performance before an audience, fearless and brave. By age 5 she had her first solo theatrical dance performance. At ages 7-8 she stared in a commercial and YouTube film presentations. At 9 she had her first acting role in a nationwide movie. At only 11 years old she has performed before thousands in theater musicals and acting roles.

It matters how you think about yourself, so don't allow someone to tell you who you are or are not. Don't let anyone rob you of who you or will become. How can you continue to accept the criticism from someone whose opinion doesn't really count?

Where you are now in life does not define what you will become or where you will be later. Even if you value certain one's opinions, the only two real opinions that matter are A) who does God says you are, if you don't know yet you will discover it in time and B) What you feel and know about yourself should always lead you on a positive outcome, even if you're not quite there yet.

You know who you are. You know what you need to work on. You have dreams and goals you want to achieve.

- ► Don't allow anyone to make you feel devalued.
- ▶ Don't let anger consume you in forfeiting your dreams.

W-A-I-T, HOLD -UP..... WHAT DID THEY JUST SAY ABOUT YOU? NO, I DON'T THINK SO, BECAUSE THEIR OPINIONS, INSULTS, INAPPRORAITE WORDS DON'T MATTER. YOU'VE GOT SOMEWHERE TO, SOMEONE TO BE AND THAT'S ALL THAT MATTERS!!

My Best to You Always,

Amy

Article by Amy Campbell, Blogger. Youllthankme-later.com

Email: acampbell@youllthankme-later.com