

WHERE ARE MY BLUE SKIES

In 1926, Songwriter, Irving Berlin (known for song 'Putting On The Ritz') wrote this cute, upbeat song, called

"Blue Skies". The song was sung by Ella Fitzgerald and later by Willie Nelson. It goes like this:

Blue skies smiling at me

Nothing but blue skies

Do I see

Blue Days All of the gone

Nothing but blue skies all day long

Never saw the sun shining so bright

Never saw things going so right

Noticing the days hurrying by

When you're in love, my how they fly

Blue days

All of them gone

Nothing but blue skies

From now on

*Can you relate? It was Blue Skies for you. Everything was going great: you were at the top of your game at work /business, awesome family, good friends, new home, money in the bank, and you even found time for leisure and travel and then s-c-a-t-c-h..... it was as if someone or something pulled the rug right from underneath you. **What happened!!?** You can even explain how you got there. Everything fall apart all at once:*

- *Job lost/ business took a nose dive.*
- *Money start dwindling faster than water going down a drain.*
- *House in foreclosure*
- *Health issues popped up out of nowhere*
- *Death took someone dear to you*
- *Spouse/partner started acting like a psycho and/ skipped out on you*
- *Family in disarray and blaming you for all the problems*
- *Friends deserted you.*

***What happened to your 'blue skies' you wonder?** Believe me it happens to the best of people; you're not alone. The bible share with us in Ecclesiastes that **"time and chance can happen to all of us"**. Many times, I asked myself that same question, why me?.*

*Thank goodness, for me I was able to rely on my faith. Without believing that Jesus Christ would turn my situation around I don't think I would have been able to cope. There were times I just wanted to say, **"the hell with all of it!!"** and throw in the towel, but there was no one, and I mean no one that lent me a hand. I was on my own, but there was something within me that kept me fighting to pull myself back up.*

You do not go through things for nothing, there is always a reason why God allows us to experience hardships, grief and disappointments. (Ecclesiastes 7)” It is better to go to a house of mourning than feasting (partying) because it makes you consider your own heart. Don’t think it’s strange that you have troubles but treat it as an opportunity to grow and do better and be better.

I lost a lot in my younger years, and it was hard for a while. If you ask if I would have done some things differently of course I will say yes, but with all of the scenarios I played out in my mind over and over, I still couldn’t figure out if it would have ended differently. Who knows the end of it, only God. All I know is I still had my health, my sanity and eventually I would be okay.

You cannot give up just because you’ve gone through troubles, that’s the easy way. There is an old adage, “when life deals you lemons you make lemonade” it’s true. There is always a better way that’s waiting around the corner; sometimes you have to search it out. Sometimes you have to dig your way out of the trenches, but you DON’T GIVE UP.

See things differently:

- *You’ve a lost relationship you valued. Find out how you can get it back, if it’s worth it. But if that person doesn’t want to be with you any longer, do not let anger or hurt consume you to the point that you cannot find yourself again. There is always someone else that will appreciate you for who you are.*
- *Losing a loved one in death is so hard, trust me I know. Remembering the good times helped. Remember, who they were to you, how much they contributed to your life and how much you enjoyed each other. Talk about the good times you shared together, do not avoid this because it’s a vital part of your healing process.*
- *Losing something valuable: money, home, or even a vehicle can make some people bitter. Just like you managed to acquire these things in the past, you have the same capacity to do it again. Yes, it may take you a little while longer, but it is not impossible unless you see it that way. Allow yourself time to refocus and prepare, to regain again.*
- *You had a really good job or a business that you invested so much into. Now you feel like you have lost your direction and purpose, but you haven’t. You still possess the same skills, talent, training, and experience. You didn’t lose those qualities just because you don’t have that job/business any longer. You ARE NOT A FAILURE because things didn’t work out the way you planned. Take these same skills, expertise and drive them to the next level. You know what to do.*

*Your **blue skies** are ahead. The sun is about to shine, love is on the horizon and you're about to make a comeback!*

*Be your Best Always
Amy*