

## BACKING UP

- Backing up accounts for about 1% of your drive time.
- Backing causes 25% of collisions.
- Take a 360-degree walk around the vehicle before backing.
- When parking, plan your departure. Look for opportunities to park that will not require backing up, such as pulling through a space to be able to exit going forward.

## IT'S NO JOKE

What would happen to your body if you fell from a 12-story building? Would you survive?

Now compare that impact to a car crash.

A collision while driving at 60 mph without wearing your seat belt would have the same impact as if you fell from a 12-story building...AND a 40 mph collision has the same impact as if falling from a 6-story building.

What do an astronaut and a safe driver have in common?

They both need SPACE. Maintain SPACE around your vehicle.

- Use the 3-second-rule to keep space between you and the vehicle ahead.
- Don't drive parallel with another driver. Leave room on both sides of the vehicle to escape potential obstacles
- Let tailgaters pass.

*Cimarron Public Transit is committed to an organizational culture that fosters safe practices, encourages effective employee safety reporting and communication and actively manages safety.*

**SPRING 2025**

## MULTITASKING:

your opportunity to screw up more than one thing at a time.





**Jan—March**

**18 Years**

Sherry Blubaugh

Timothy Haspany

**9 Years**

Francisco Franco

**6 Years**

Janice Main

Wendy Reynolds

**4 Years**

Eric Bay

Ron Long

Patricia Wood

**3 Years**

Michelle Green

Gary Trook

**2 Years**

Kevin Holman

Tony Murphy

**1 Year**

Mark Graham

John Yox



**VISUAL  
DISTRACTIONS**



**Take your eyes  
off the road**



**MANUAL  
DISTRACTIONS**



**Take your hands  
off the wheel**



**COGNITIVE  
DISTRACTIONS**



**Take your mind  
off of driving**

**When you're behind the wheel, your  
only job is to drive.**

**Just Drive.**

[nsc.org/justdrive](http://nsc.org/justdrive)

***Building a Culture of Safety Through Training and Awareness***

**Take the initiative to**

- **Compliment**
- **Affirm**
- **Encourage**
- **Mentor**
- **Motivate**

***Attitude is a choice  
and life is too short...***



**In March, 10 ADA Ford Transit vans (7 passenger) arrived to maintain the CPTS fleet in a state of good repair. Vans purchased using FTA matching grants through INCOG (Section 5310) and ODOT (Section 5339(a)).**

***CPTS is a division of United Community Action Program, Inc. of Pawnee.***

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