

### Cope With Road Rage

You are aware that aggressive driving habits of other drivers on the road are getting worse. Incidents of screaming, rude gestures, and sometimes even violence are reported. The goal is to keep you and riders safe from harm. Should you find you have agitated another driver, whether the fault is yours or not, the answer is not retaliation on the road. This will only cause the situation to escalate. Maintain self control and remind yourself the other driver is bad at handling stress, **avoid eye contact and continue to practice safe driving habits.**

Be a considerate, aware driver that follows the rules of the road. While it may be difficult in the heat of the moment, do not give in to feelings of anger or rage on the road. Think twice! Getting home safely is more important than teaching someone a dangerous lesson.

### *Oh, the places you will go....*

*Take photos of you and the vehicle to submit for use in future newsletters and social media posts. Examples are included in this edition.*



PICK driver Rebecca Sullins, pictured above, is ready to provide transportation 5pm to 10pm weekdays in Sapulpa.



Driver Gary Trook took the photo above in front of the Frank Phillips Home in Bartlesville. The Ford Transit is one of two (2) vehicles provided by the Cherokee Nation for use in Washington County.

## Stay Safe

If you feel threatened, respond instead of react. Be proactive to mitigate risk and to keep you and your riders safe. Tips to remember:

- Slow down your response and lower voice.
- Open doors and step out of vehicle, if needed.
- Avoid confrontation.
- Be calm; don't panic. Practice positive self-talk.
- Key up the radio mike.
- Call 911.
- Contact dispatcher.
- Stop the vehicle and get out with the phone

Remain aware of surroundings. Should something seem amiss, report it. And, look out for fellow drivers.

*Cimarron Public Transit is committed to an organizational culture that fosters safe practices, encourages effective employee safety reporting and communication and actively manages safety.*



# Building a Culture of Safety Through Training and Awareness

## Anniversaries (Oct.-Dec.)

### 13 Years

Jack Park

### 12 Years

Lester Sun Eagle

### 10 Years

Rick Jones

### 6 Years

David Ernst

Van Hailey

Shelly Regnier

### 3 Years

Jim Bateman

Yvonna Fleming

### 2 Years

Michael Cranton

Tammy Fewell

Dennis Gilleland

### 1 Year

Marcia Gunn

Lance Smith

Kristal Wright

## United CAP Enforces Drug-Free Workplace

Substance use is on the rise among adults. The misuse of illicit drugs can cause varying risks to your health, both psychologically and physically on a short and long term basis. Don't let drugs take their toll on you and your family. Help stop drug use before it becomes a routine and provide support to those in need of treatment.

The unlawful manufacture, possession, purchase, sale, transfer, use of a controlled substance or being under the influence of alcohol, illegal drugs or other intoxicants is prohibited on or in any premises, vehicle and/or property of UCAP and during the conduct of agency business or agency-sponsored activities.

The use of marijuana products and extracts-to include medical marijuana, recreational marijuana, and cannabidiol/CBD or any hemp based product is not allowed. (See agency Personnel Policies, page 7)

## Zero Tolerance for Safety Sensitive Staff

Staff who operate a revenue service vehicle or control movement or dispatch a revenue service vehicle are considered 'safety-sensitive' and are required to submit to drug and alcohol tests as a condition of employment in accordance with 49 CFR Part 655. All covered staff are prohibited from reporting for duty or remaining on duty any time there is a quantifiable presence of a prohibited drug in the body above the minimum thresholds defined in Part 40. Prohibited drugs include: marijuana, cocaine, phencyclidine, opioids and amphetamines. All transit staff are prohibited from performing safety-sensitive functions while having an alcohol concentration of .04 or greater and prohibited from consuming alcohol within four (4) hours prior to the performance of safety-sensitive job functions.

As represented on page 5 of the Drug and Alcohol Policy, any staff who tests positive for drugs or alcohol or refuses to test will be referred to a Substance Abuse Professional and immediately terminated from employment.

## Help Connect Cimarron Transit's Ridership

**Please let riders know to 'Like' us on Facebook! Social media platforms provide a tool to communicate with transit staff and riders regarding inclement weather, program updates, job openings, and holiday closings. CPTS's Senior Operations Specialist, Shelby Jewell, monitors the page.**



*Like us on Facebook!*

For the latest updates on closings due to inclement weather, holidays and much more, like us on Facebook!



Driver Tim Haspany took the above photo from a tower 75 feet above Wentz Camp in Ponca City.

**Please share photos as well as ideas to promote service and improve our program!**

**CPTS is a division of United Community Action Program, Inc. of Pawnee.**

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