



OUR EXPERTISE

Our mentoring programmes are grounded in real-world experience across education, sport, and behaviour support. With a foundation in Sports Coaching (BSc) and Sports Management (MSc), our journey has taken us from grassroots football in the UK to coaching placements in the USA — and back into schools, where we now work with some of the most vulnerable and at-risk students.

As a former behaviour tutor in a specialist SEMH setting and now a local authority behaviour mentor, we've supported students facing persistent exclusions, emotional regulation challenges, and barriers to learning. We've worked closely with school leaders, SENDCOs and pastoral teams to deliver tailored interventions that prioritise both outcomes and relationships. Our approach is built on consistency, empathy and structure — the pillars of effective mentoring as highlighted in national studies (Garringer et al., 2017).

We've built strong partnerships with schools, clubs and local authorities, and bring thousands of hours of coaching and mentoring into every programme we deliver. From 1-2-1 coaching with academy hopefuls to school-based sessions with pupils in crisis, every session is outcome-driven and rooted in trust. The experience of being mentored by a now-professional coach during university shaped our philosophy: mentoring is not just support — it's a catalyst for change.

KEY POINTS - WHY SCHOOLS TRUST US

- 1,500+ hours working directly with students with SEMH, SEND, and behaviour needs
- Proven track record reducing exclusions and re-engaging at-risk learners
- Strong working relationships with local schools, clubs and councils
- Degree-qualified with Sports Coaching (BSc) and Sports Management (MSc)
- First-hand experience in both mainstream and specialist education settings
- Evidence-based approach grounded in research and relational practice
- Trusted by multiple educational partners
- Each session is structured, relational, and focused on measurable outcomes