

MENU

JULY 2026

Monday	Tuesday	Wednesday	Thursday	Friday
Call the center for A complete list of ingredients 419.946.4191	WG= Whole Grain	1 Goulash Broccoli Mandarin Oranges WG Roll Milk	2 Grilled Chicken Seasoned Potatoes Lima Beans Tropical Fruit Salad WG Roll Milk	3 
6 Fish Seasoned Potatoes Venetian Veggie Blend Peaches WG Roll Milk	7 Salisbury Steak Mashed Potatoes Corn Fruit Cocktail WG Roll Milk	8 Chicken Teriyaki Brown Rice Stir Fry Blend Veggies Peaches WG Roll Milk	9 Hamburger Soup Broccoli Mandarin Oranges WG Bun Milk	10 Chicken Salad Three Bean Salad Tomato Wedges WG Croissant Apricots Milk
13 Shredded Beef Sweet Potatoes Sweet Corn Fruit Mix WG Bun Milk	14 Chicken Lasagna Broccoli Mandarin Oranges WG Roll Milk	15 Taco Roasted Corn Pinto Beans Tropical Fruit Salad Tortilla Milk	16 Scrambled Eggs Diced Potatoes Apple Crisp Tropical Fruit Muffin Milk	17 Beef and Cheese WG Bun Black Bean Salad Potato Salad Lettuce Tomato Fresh Orange Milk
20 Pulled BBQ Pork Sweet Potato Tots Sugar Snap Peas Apple Slices WG Bun Milk	21 Beef Stroganoff Green Beans Capri Veggie Blend Tropical Fruit Salad WG Roll Milk	22 Turkey w/ Gravy Mashed Potatoes Veggie Blend Fuit Salad WG Roll Milk	23 Chicken Tenders Sweet Corn Green Beans Mandarin Oranges WG Roll Milk	24 Egg Salad Corn Salad Tomato & Onion Salad Cantaloupe WG Croissant Milk
27 Corn Dog Green Beans Sweet Potatoes Fruit Mix Milk	28 Chicken Tomato Medley Spinach Squash Applesauce WG Roll Milk	29 Mac and Cheese Diced Carrots Broccoli Mandarin Oranges WG Roll Milk	30 Orange Chicken Brown Rice Kyoto Veggie Blend Sugar Snap Peas Mix Fruit Milk	31 Ham & Cheese Sandwich Broccoli/Cauliflower Salad Pickled Beets Mandarin Oranges WG Bun Milk