

MENU (SUBJECT TO CHANGE)

Monday	Tuesday	Wednesday	Thursday	Friday
1 Sweet & Sour Chicken Seasoned Snap Peas Pineapple Tidbits Brown Rice Milk	2 Homemade Meatloaf Mashed Potatoes Glazed Carrots Apple Slices Roll Milk	3 Pasta Alfredo w/ Chicken Seasoned Peas House Salad Fresh Pear Breadstick Milk	4 Chicken Tenders California Blend Fresh Banana Bread Milk	5 Egg Salad Lettuce, Tomato, Onion Broccoli/Cauliflower salad Diced Pears Croissant Milk
8 Center will be closed for the Solar Eclipse	9 Beef Stew House Salad Strawberries Cornbread Milk	10 Chicken Enchilada Casserole Corn & Black Bean Salad Peaches Milk	11 Breaded Chicken Legs Mashed Potatoes Glazed Carrots Tropical Fruit Roll Milk	12 Ham & Cheese Sandwich Cowboy Corn Salad Mandarin Oranges Bun Milk
15 Pork Chop w/ Mushroom Sauce Wild Rice Steamed Broccoli Fresh Apples Milk	16 Parmesan Chicken Marinara Pasta Green Beans Diced Peaches Breadstick Milk	17 Salisbury Steak Mashed Potatoes Glazed Carrots Fresh Pear Roll Milk	18 Chicken Pot Pie Over Biscuit Side Salad Pineapple Tidbits Milk	19 Chicken Salad on Croissant Fresh Baby Carrots Potato Salad Fresh Grapes Milk
22 Grilled Chicken Breast Seasoned Green Beans Pear Crisp Roll Milk	23 Hamburger on Bun California Blend Lettuce, Tomato, Onion Apple Milk	24 Chicken Noodles Mashed Potatoes Sauteed Brussel Sprouts Topical Fruit Roll Milk	25 Vegetable Omelet Rosemary Potatoes Orange Wedges Biscuit Milk	26 Tuna Salad Croissant Celery Stick Cole Slaw Apricots Milk
29 Penne Pasta w/ Meat Sauce Herbed Green Beans Mixed Fruit Breadstick Milk	30 Pulled BBQ Pork Sweet Potato Fries Steamed Corn Baked Apples Bun Milk		Due to supply chain issues, menu items may not be available in time for delivery. Substitutions will be made as appropriate.	Menu ingredient information may be obtained by contacting the Senior Center Nutrition Department 419-946-4191