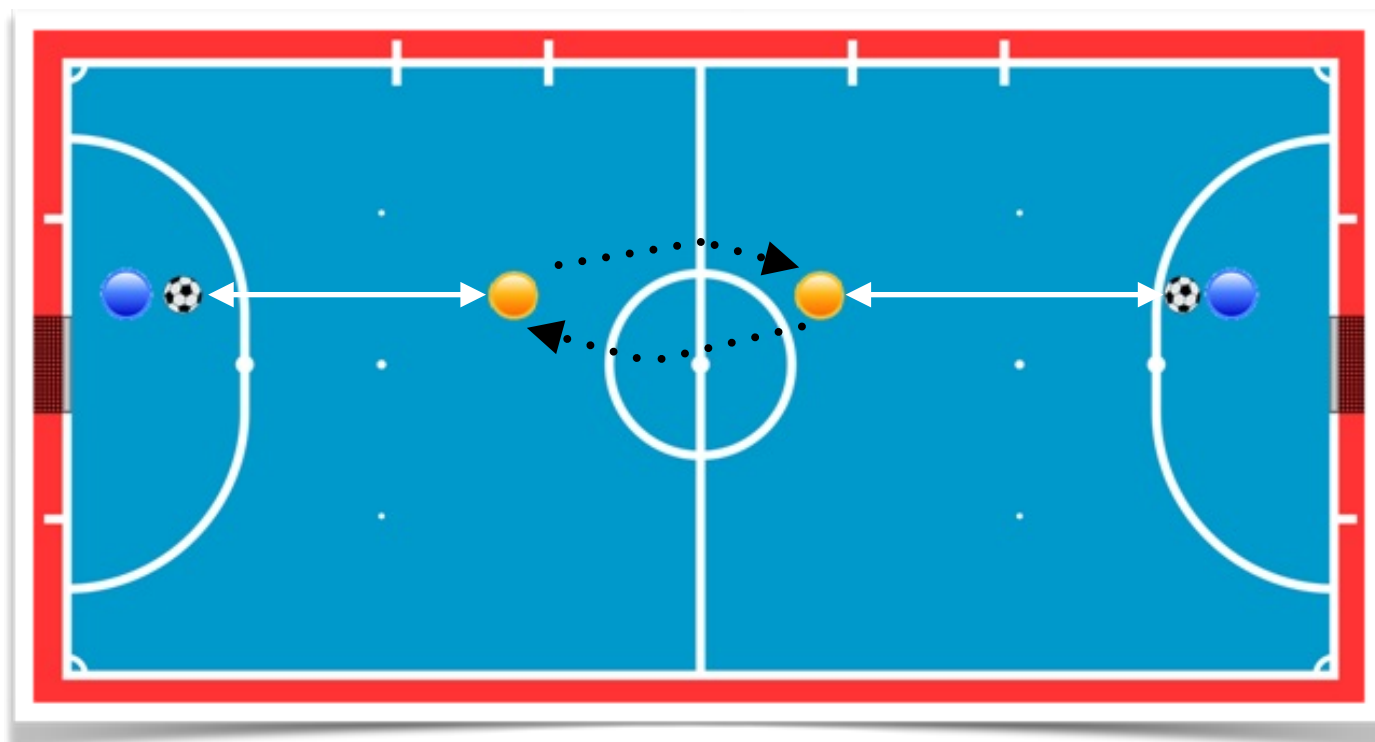




Quick 1-2's

Players on the outside pass to the player facing them in the middle, the middle player returns the pass and turns to receive a pass from the player behind them.

Focus:

- First touch, control techniques
- Accuracy and technique of pass
- Communication
- Movement and awareness

Notes:

