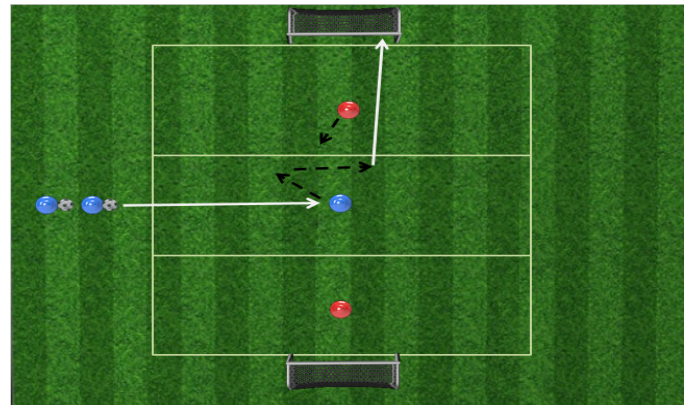


Boxed In #S47

How to: Set up a line of attacking players with a good supply of soccer balls to the side of a 40 x 20-yard area. The field is separated into two 15 x 15 yard areas with a 10-yard middle channel. The attacker operates from the middle channel, the defenders occupy the other 2 areas and protect each goal. An attacker passes the ball in to the middle attacker who can score on either goal. After a shot is taken, the attackers rotate. This game should be played at speed.

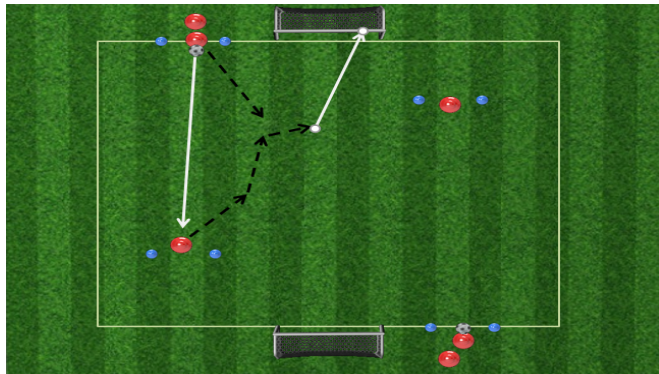
Coaching Points: Create space and take chances quickly. Be clever and use the space available. Be creative.



1 v 1 On First Touch #S45

How to: 30 x 30 Yard area with a cone gate approximately 25 yards from goal (set up the field as shown to avoid lines, adjust the size of the field to accommodate players of differing strength/ability). The first player from the line passes the ball into the player between the cones who controls the ball and attempts to score in the goal they are facing. The player who passes initially becomes the defender.

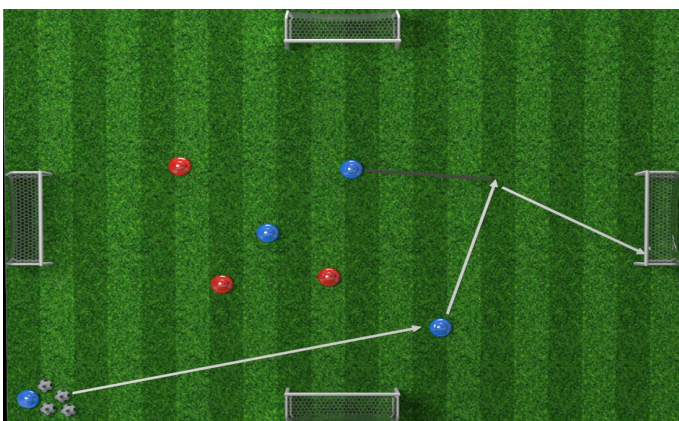
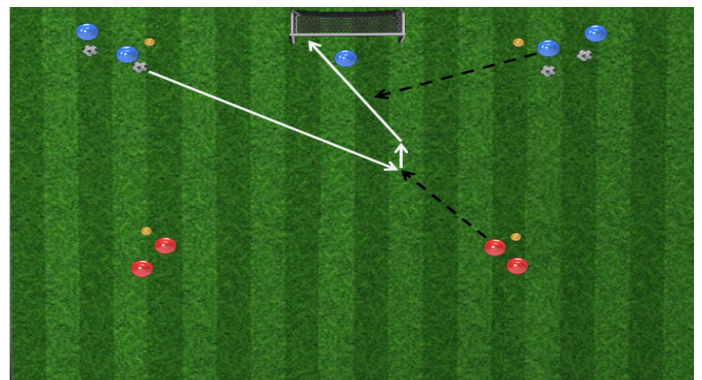
Coaching Points: Speed of attack, move into the space available quickly. Attack the defender at speed and take the opportunity when you have created a goal scoring opportunity.



Strikers' Instincts #S75

How to: Defender feeds a diagonal pass into an attacker, the defender from the other side closes down the attacker receiving the ball immediately. The attackers task is to bring the ball under control and take a chance on goal quickly.

Coaching Points: Quality of first touch, move the ball into space away from the defender. The defender will close down space quickly just like a game situation in the penalty area. Use the space and take the chance when it is available.



4 Goal Chaos Small Sided Game #S54

How to: 4 small goal in a 40 x 40-yard area with two even teams. Coach feeds a ball into space within the area, players play under normal conditions and attempt to score into any goal. Teams must make at least 1 passes before they can shoot. The same goal cannot be scored in to twice in a row.

Coaching Points: Use the space around the field, there are plenty of goal scoring opportunities, make sure you're ready to take a shot when available. Be clever, if one goal is crowded the best goal scoring opportunity may be behind you. React quickly to when the next ball is played in to the area.