



Veda Keebler
Executive Director
Jennifer Schell
On-Site Coordinator
Elisa Vélez-Makar
Pantry Specialist

6201 N 60th St.

Omaha, NE 68104

Non-Profit Org.
U.S. POSTAGE
PAID
Omaha, Nebr.
Permit No. 1160

Helping Neighbors ~ Improving Lives ~ Spreading Blessings

Donate to Project Hope during Do Good Days April 24th!

Office Hours:

Monday, Wednesday & Friday

9:00 a.m. - 4:00 p.m.

Tuesday & Thursday

9:00 a.m. - 3:00 p.m.

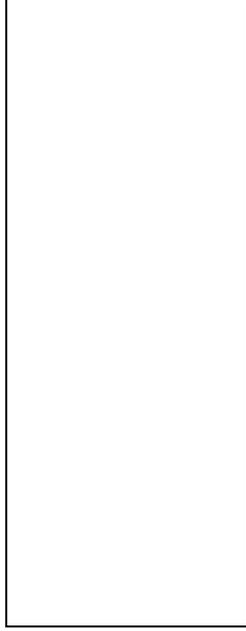
Phone: 402-453-7649

Email:

projecthope.execdirector@gmail.com

Website: projecthopeomaha.org

Like Us: On Facebook



Project Hope

HAPPENINGS

Share your food with
the hungry . . .
Give clothes to those
who need them.
Isaiah 58:7

Spring Edition
April 2024

Project Hope, Inc. is a non-profit organization which provides food and clothing assistance at no cost to families in need.

Donate Your Dollars:

On our website -
projecthopeomaha.org
or send to us in the mail.
Envelope provided inside.

Direct your Thrivent Choice Dollars to Project Hope.

Baker's Community Rewards Program:
Information inside.

Our Family Brands Direct Your Labels Program:
Details inside.

Spark Good @ Walmart:
Round Up program
information inside.

Shop For Us: Download Together A Greater Good app from Google Play and TAGG us at participating retail businesses.

Donate Food & Clothing:
At our main pantry site.
Tuesday & Thursday
10:00 a.m. - 3:00 p.m.

Pantry Locations and Hours

Main Food Pantry

6201 N 60th St
Monday, Wednesday, & Friday
11:00 a.m. - 2:45 p.m.

Clothing Pantry

Tuesday & Thursday
11:00 a.m. - 2:00 p.m.

Satellite Food Pantry

St. Matthew Lutheran Church

1725 S 60th St
3rd Saturday of the Month 10 a.m. - Noon

Lutheran Church of the Master

2617 S 114th St
1st Sunday of the Month Noon - 2 p.m.
3rd Monday of the Month 4 - 5:45 p.m.

Clients Served January - March 2024

Average Households per Month — 441
Average Individuals per Month — 1,412

Inside this issue:

Newsletter Dedication
Do Good Days
Thank You to Our Donors
Business Donation Programs



This edition of Project Hope Happenings is in memory of Susan Ties who passed away on Saturday, March 2nd.

Sue was the coordinator of Project Hope's satellite pantry the Loaves & Fishes Food Pantry at St. Matthew Lutheran Church since it was initially organized.

Sue served on the Project Hope Board of Directors from 2014 thru 2019 and was the President of the Board in 2016 and 2017.

Mission & Value Statements

Helping Neighbors ~ Improving Lives ~ Spreading Blessings

We are called to feed and clothe God's people in need.

We believe nutritious food contributes to good health.

We value people with love, hope, compassion and dignity.

do
good
DAYS
APRIL 24-27



GIVE
GOOD
TIME
TALENTS
TREASURES

This is the week promoted by SHARE Omaha for nonprofits to focus on raising funds.

Please help us fulfill our mission and serve our clients!

Donations may be mailed to Project Hope using the envelope attached in the center of this newsletter, on our website @ www.projecthopeomaha.org via PayPal

or

@ <https://shareomaha.org/nonprofit/project-hope-inc>.

Thank you for helping us!

We appreciate your generosity!



CHEESY BLACK BEAN & QUINOA SKILLET CASSEROLE

1 ⅔ cups water	1 cup quinoa
½ teaspoon salt, divided	1 medium onion, chopped
2 tablespoons avocado oil or other neutral oil	
2 teaspoons chili powder	1 teaspoon ground cumin
2 cloves garlic, minced	1 medium tomato, chopped
1 ½ cups corn kernels (from about 2 ears) OR one can of corn drained.	
1 (15 ounce) can black beans, rinsed	1 poblano or bell pepper, chopped
1 ¼ cups shredded extra-sharp Cheddar cheese, divided	
Chopped cilantro for garnish & Salsa or pico de gallo (optional)	

1. Preheat oven to 400 degrees F.
2. Combine water, quinoa and ¼ teaspoon salt in a medium saucepan; bring to a boil. Reduce heat, cover and simmer until the water is absorbed, about 15 minutes. Remove from heat, fluff with a fork and partially cover.
3. Meanwhile, heat oil in a large ovenproof skillet over medium heat. Add onion; cook, stirring, until starting to soften, about 3 minutes. Add garlic; cook, stirring, until fragrant, 30 seconds. Add corn, poblano, tomato, chili powder, cumin and the remaining ¼ teaspoon salt; cook, stirring, until the vegetables have softened, about 5 minutes. Stir in beans, the cooked quinoa and ¾ cup cheese. Spread into an even layer and sprinkle with the remaining ½ cup cheese.
4. Bake until the casserole is hot and the cheese has melted, about 15 minutes. Serve sprinkled with cilantro and salsa (or pico de gallo) on the side, if desired.

PANTRY NEEDS

YOUR pantry donations go directly to our clients and we thank you for your kindness.



OUR GREATEST NEEDS ARE:

FOOD NEEDS: Cereal, Cereal Bars, Granola Bars, Oatmeal, Pancake Mix, Pancake Syrup, Applesauce, Canned Vegetables, Canned Beans (Baked, Black, Chili, & Refried), Canned Meats (Chicken, Salmon, Sardines, Tuna, etc.), Rice or Pasta Sides, Ramen Noodles, Tuna & Hamburger Helper, Pasta, Mac & Cheese, Canned Pasta Sauce (not glass jars), Tomato Sauce, Diced Tomatoes, Salsa, Box Potatoes, Peanut Butter, Jelly, Condiments (Ketchup, Mayo, Mustard, BBQ Sauce, & Salad Dressings), Small Bottles Cooking Oil, and Microwave Popcorn.

BABY NEEDS: Baby Wipes, Diapers Sizes 5 and 6, & Pull-ups all sizes.

PERSONAL CARE PRODUCTS: Shampoo, Body Wash, Bar Soap, Toothpaste & Toothbrushes, Hand Sanitizer, Hand Soap, & Deodorant.

PAPER PRODUCTS: Toilet Paper, Facial Tissue and Paper Towels.

HOUSEHOLD PRODUCTS: Small Bottles of Liquid Dish Soap, Small Bottles or Pods of Laundry Detergent, and General Kitchen/Bathroom Cleaners.

Dillons Community Rewards Program

If you shop at **Bakers** and have a Dillons Food Store rewards card; you can now link your Dillons card to **Project Hope**.

Go to <http://www.bakersplus.com>.

Sign into your account or create your account.

Open—My Account. Scroll down to Community Rewards.

Search for and select **Project Hope or #AK280**.

You are now raising money for Project Hope.

Remember to scan your Rewards card each time you checkout.

Thank You!



Walmart Spark Good Round Up Program

Go to Walmart.com/SparkGood and choose Project Hope as your charity. You can now round up your change and the extra money will be donated to us when you shop on the Walmart app or Walmart.com.

Thank you for rounding up!

Our Family Brands Direct Your Labels



Buy Our Family brand products – save the UPC barcodes from those cans, boxes and bottles – help Project Hope.

Send your UPC barcodes to Project Hope.

For each bundle of 500 Our Family UPC barcodes we collect, we will earn \$25 we can use to purchase food for our clients.

**Thank you for sending in your Our Family UPC labels.
We submitted our first bundle of 500!**



Save the Date

Sunday, September 22, 2024

**Lutheran Church of the Master
Project Hope Satellite Site**

**We Need Volunteers Willing to
Lend Us Helping Hands
Monday thru Friday
9:30 am—3:00 pm**



Please contact Jennifer via email at projecthope.jennifer@gmail.com or call us at 402-453-7649 to schedule volunteer time and if you have any questions about volunteering.



CLOTHING PANTRY IS OPEN

TUESDAY & THURSDAY 11:00 AM—2:00 PM

We are **accepting spring and summer** clothing only.

Please remember that clothing items must be clean and gently used.

Donations are accepted Tuesday & Thursday
between 10:00 am and 3:00 pm.

Scheduled Giving

Now available through our website at

www.projecthopeomaha.org, via PayPal.

This option allows you to support our programs regularly throughout the year and beyond.

Project Hope also has the ability for you to donate portions of your personal stock investments to support our mission via our Charles Schwab account. This option may provide you with tax benefits.

Please contact us to complete a transfer transaction.





THANK YOU!!



THANK YOU to the church members who have provided food for Project Hope during January, February, and March 2024. We appreciate your continued support and help with our mission.

- | | |
|---------------------------------------|--|
| St. Michael Lutheran Church | Liberty Church |
| GraceHill Lutheran Church | Immanuel Lutheran Church |
| Resurrection Lutheran Church | St. Thomas Lutheran Church |
| Lutheran Church of the Master | Mount Olive Lutheran Church |
| Beautiful Savior Lutheran Church | Bethel Lutheran Church |
| Lord of Love Lutheran Church | Zion Lutheran Church |
| Augustana Lutheran Church | St. Timothy Lutheran Church |
| Luther Memorial Lutheran Church | Mount Calvary Lutheran Church |
| Shepherd of the Hills Lutheran Church | St. John's Lutheran Church, Omaha |
| | St. John's Lutheran Church, Bennington |

Blessings to all of you for remembering our neighbors!

Thank you to these groups for their donations during January, February, and March!

- Saving Grace for delivering food items twice weekly.
- Whispering Roots organization for providing several produce boxes weekly and many other food items.
- Immanuel Communities, Immanuel Pace, & Immanuel Village clients and residents donating food and clothing items.
- BP Energy Co. donated food, personal hygiene items, dish soap, & diapers.
- Google in Council Bluffs donated shoes for men and children.
- UNO Scott Campus Student Housing donated food, dish & laundry soap.
- Washington Elementary School donated food items.
- Sons of Norway donated toilet paper, paper sacks, personal care items and clothes.



Grants Received 1st Quarter 2024

Costco Wholesale Foundation \$500 for Food.
St. Matthew Lutheran Church Endowment Fund \$3,000.
Thank you to the above organizations for supporting our mission.

Use the attached envelope to support our mission with your monetary donation.

Thank You to the following Churches Donating Nonfood Items the 1st Quarter 2024:

- | | |
|---------------------------------------|------------------------------|
| St. Michael Lutheran Church | Zion Lutheran Church |
| Resurrection Lutheran Church | Augustana Lutheran Church |
| Lutheran Church of the Master | Bethel Lutheran Church |
| Beautiful Savior Lutheran Church | St. Mark's Lutheran Church |
| Mount Calvary Lutheran Church | St. Thomas Lutheran Church |
| Immanuel Lutheran Church | Mount Olive Lutheran Church |
| Shepherd of the Hills Lutheran Church | Lord of Love Lutheran Church |
| St. John's Lutheran Church, Omaha | GraceHill Lutheran Church |



St. John's Lutheran Church, Bennington
St. Timothy Lutheran Church



CHURCH DONORS

FIRST QUARTER 2024

THANK YOU TO THE FOLLOWING CHURCHES SUPPORTING US FINANCIALLY.



- AUGUSTANA LUTHERAN CHURCH
- BETHEL LUTHERAN CHURCH
- GRACEHILL LUTHERAN CHURCH
- LUTHER MEMORIAL LUTHERAN CHURCH
- MOUNT OLIVE LUTHERAN CHURCH
- RESURRECTION LUTHERAN CHURCH
- ST. MICHAEL LUTHERAN CHURCH

Thank you to the following organizations who made financial donations:

- American Online Giving
- Benevity
- Conagra Brands Foundation Matching Gifts Program
- Kroger Corporation
- Lutheran Service Corp
- Network for Good
- Omaha Track, Inc.
- PayPal Giving Fund
- Thrivent National
- Together A Greater Good (TAGG)