

DEDICATED TO IMPROVING THE LIVES OF AT-RISK CHILDREN AND RESCUED EQUINES THROUGH PAIRED BONDING, LEARNING, AND FELLOWSHIP.

Did you know? Circle A Home for Horses provides Equine

therapy to children and teens from historically

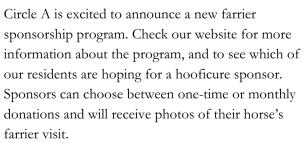
underserved populations. The term at-risk has of late been viewed as a label. Recently, the phrase at risk youth has been replaced with at-promise youth-- a much better description. Equine therapy is an alternative method to talk therapy. Children and teens visit the farm on a regular basis to interact with our rescued horses. Horses are prey animals; therefore, they are innately perceptive and often reflect our emotions. Rehabilitated horses are trained to work in our therapy programs with groups of all ages. Our horses are especially kind and gentle with children and teens. They love younger people, understandably so. After all, it was adults that caused them to be neglected, abused, or face horrific death in a slaughter plant.



Equine therapy is used to help those suffering from mental disorders, behavioral concerns, and substance abuse. Our horses have helped thousands of children and adolescents in their quest to overcome depression, anxiety, eating disorders, diminished selfesteem, PTSD, trauma, learning disabilities, Autism, and substance abuse.



SEE WHAT'S NEW AT CIRCLE A!







Watch our social media for appearances by the newest Circle A ambassador, Mini Chance, as he makes surprise appearances around town. He loves Horsin' Around!



UPCOMING EVENTS

Saturday April 13 NAHS Art Show @ Pale Horse Coffee 1296 S. Battlefield Blvd Chesapeake



Saturday May 4 Derby Day Event @ New Realm Brewing 1209 Craft Ln Virginia Beach



Saturday May 11 Paint & Ponies @ Circle A 4345 Charity Neck Rd Virginia Beach

VOLUNTEER SPOTLIGHT



Meet Holly and John!

Volunteers are essential to the success of our mission at Circle A, and we are so pleased that Holly and John are part of the Circle A family! Their hard work and dedication, not to mention the love they give the horses, are just a few of the reasons we appreciate them so much.

Holly began volunteering at Circle A in 2022. She was looking for a new volunteer opportunity after spending many years helping with her kids' baseball and softball teams. John is retired from the Navy and now joins Holly at the farm. They hadn't spent much time around horses before Circle A, but both are animal lovers and the horses can definitely tell. Holly is especially fond of Mister, Tinkerbelle, and Scout, and John of Charlie and Candy-- though rumor has it Ruby has a bit of a crush on him. When they're not at the farm Holly and John enjoy spending time together and with their kids and family. We are so thankful for them!

RECENT ADOPTIONS

HAMPTON ROADS & TANIS

FEB 3





MISTER & STACEY

FEB 5

Amazon Wish List



Tractor Supply Wish List





A NEW LEASE ON LIFE
Biz (racing name Biz as Usual) and her
person, Bekah. Congratulations you two!

UPDATE ON THE HORSE SLAUGHTER INDUSTRY

Animals' Angels, a non-profit organization focused on improving conditions for farm animals and stopping animal cruelty, recently released their annual update on the horse slaughter industry. They report that "Although a dwindling network of kill buyers, horse traders, and transporters remain active in the industry, Animals' Angels is encouraged by the progress made, and we are optimistic that our goal of ending horse slaughter

for good is now in reach."

Click here or scan the QR code to read their full report or to learn more about the important work done by Animals' Angels.

