

TAKE YOUR FIRST STEP TOWARDS YOUR **NEXT** STEP!

OUR FOCUS IS PERSONAL DEVELOPMENT... FOR YOUR NEXT

COMMUNICATION SKILLS

- Functional skills for work, community, social & personal

SELF-REGULATION & SOCIAL SKILLS

- Express feelings
- Manage anxiety
- Manage negative thoughts & emotions
- Create a positive self-image
- Interact positively with others
- Social Cognition
- Perspective-taking
- Understand expected vs. unexpected

SELF-HELP & ADVOCACY

- Assess themselves & their needs
- Awareness of accommodations they need
- Communicate clearly & Advocacy needs
- Knowledge of their rights to these accommodations

CHOICE & CONTROL

- Communicating preferences
- Understanding your limits
- Person Directed Planning

EXPANDING THE WORLD

- Finding new and exciting ways to expand your interests, develop your hobbies, and make new friends

ADAPTIVE SKILLS

- Real-life problem solving
- Dealing with the unexpected and unplanned
- Develop strategies to keep safe
- Where to go for help

SAFETY

- Personal safety
- Community safety
- Workplace safety

STRUCTURED TRANSITION EDUCATION PLAN



WE CONSULT WITH A STUDENT AND HIS OR HER PERSONAL NETWORK, TO CONSIDER AS MANY FACTORS AS POSSIBLE IN SUPPORTING A WELL-ROUNDED AND EFFECTIVE TRANSITION PLAN FOR SUCCESS. A MAIN GOAL IS TO REDUCE HIS OR HER SUPPORT NEEDS, WHILE SUPPORTING THE EDUCATIONAL GOALS FOR HIS OR HER NEXT STEPS!

ACADEMIC FOUNDATION

This program is supported through a Private High School partnership. It is best for youth 13+ years who are preparing for credit courses. Our Academic Foundation program focuses on Pre-Credit/Remedial content. It is designed to focus on the continued development and remediation of prerequisite skills needed for entry into credit courses, and/or focus on continued remediation of literacy and numeracy skills to the student's potential. Depending on abilities, needs and working levels, students may participate in the pre-credit program for one, two or more years. Pre-credit courses are not credit-earning courses. Some courses are purely remedial and focus on decoding skills, comprehension or foundational math. It is possible to be enrolled in some Pre-credit/Remedial courses, and some Credit courses.



We Transition YOUR Life "Every STEP of the Way"

REGISTER AT: [HTTPS://NEXTSTEPSUPPORT.COM/ACADEMIC-STEP](https://nextstepsupport.com/academic-step)

COMMUNITY & CITIZENSHIP

- DEVELOP SKILLS NECESSARY FOR ENTRY EXAMS
- SHARE COMMUNITY RESOURCES WITH OTHERS
- MANAGE CHALLENGING SITUATIONS
- KEEP PERSONAL BELONGINGS SAFE
- KEEP PERSONAL INFORMATION PRIVATE

ACADEMIC FOUNDATION

This program is supported through a Private High School partnership. It is a full year program is best for participants who want to work on both Pre-Credit/Remedial skills and independent living skills. Pre-Credit courses include English, Math and Science or Social Science, Arts, and other curriculum areas which are offered in alternate years.

Most courses are taught in parallel with, and use the credit curriculum, but proceed at a slower pace and do not cover all of the content required to earn a credit. Other courses are purely remedial and focus on decoding skills, comprehension or foundational math. Participants also work to increase independence in the community; practice transit training; gain life skills for increased independence; and a better understanding of laws and social expectations. Participants are supported to socialize with peers. Learning groups are staffed at a 3:1 - 6:1 participant to staff ratio. Activity fees extra.

MONTHLY REQUIREMENTS

Toronto Library Card.....	Required
TTC Support Card (if applicable)	Required
Presto Card.....	Required
Access2 Entertainment Card.....	Required
Assessments & Reports.....	Included
STEP Planning.....	Extra
Smartphone or Tablet with, Talk/Text/Data	Required

FUNCTIONAL ACTIVITIES

TTC ROUTE PLANNING

- Learn how to access bus schedule
- Understand the subway line, street cars and bus routes
- Using a TTC Presto card and how to pay for bus fare
- Download and navigate the TTC app on smart phone or tablet
- Access public wifi
- learn how to respond to Emergency situations

MONEY MANAGEMENT

- Creating a budget
- Understanding expenses
- How to open a bank account
- Depositing and withdrawing funds from a chequing account
- Using a debit card

SOCIAL STEP PLANNING

- Learn to use basic web based technology
- Coordinate activities for Social Groups
- Understanding socially appropriate activities for specific groups

INDUSTRIAL ARTS

- Understanding the function of simple tools
- Learn how to use simple tools for basic maintenance

LIBRARY

- Use of librarian services
- Use library resources for continuing education

