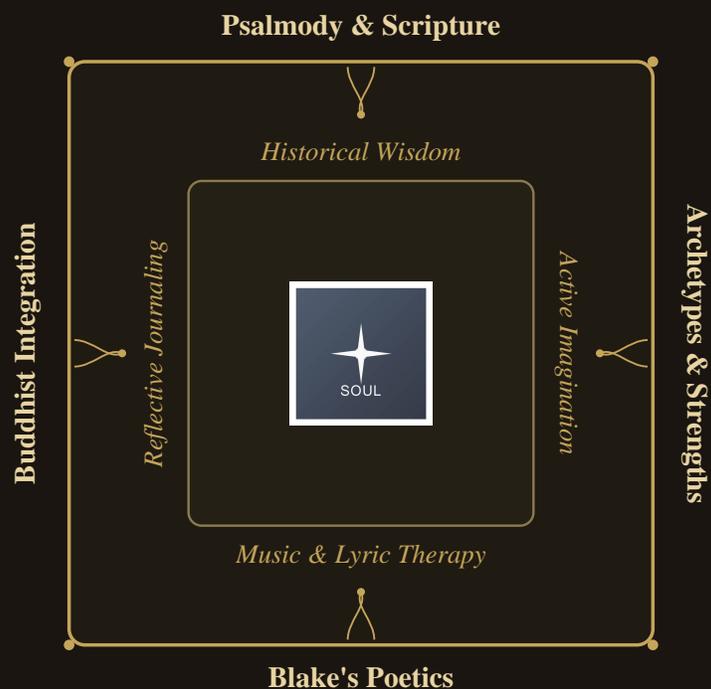


# What Awaits You in the Reliquary

*An Octave of Practices that Resonate*



## ◆ **Psalmody & Scripture**

NRSV psalm texts with author-narrated audio for contemplative lectio divina.

## ◆ **Archetypes & Strengths**

Meet the characters in your psyche: Seeker, Warrior, Lover, Sage, and more.

## ◆ **Blake's Poetics**

The visionary poet-prophet's fire, illuminating each week's transformation.

## ◆ **Buddhist Integration**

Stillness practices -- mindfulness, metta, tonglen -- matched to each archetypal stage.

## ◆ **Historical Wisdom**

Walk with the saints and mystics -- Desert Fathers to Merton, Julian of Norwich to Nouwen.

## ◆ **Active Imagination**

Guided Jungian visualizations opening the door to the inner theater of the soul.

## ◆ **Music & Lyric Therapy**

Curate playlists and explore how music bypasses the mind and reaches the soul.

## ◆ **Reflective Journaling**

Soul inquiry questions and writing practices for each archetype -- the page listens.

## Plus

## ◆ **13 Archetypal Themes**

Seeker to Sage -- a complete journey.

## ◆ **The 13-Week Journey**

Structured path, week by week.

## ◆ **The Cloister Community**

Walk with fellow pilgrims.

## ◆ **Epilogue**

Consciousness of death as practice.

*Soul Encounters is a living reliquary -- a treasury that grows.*

New audio, practice wisdom, and contemplative content are added regularly.