

# AIR RELAX®

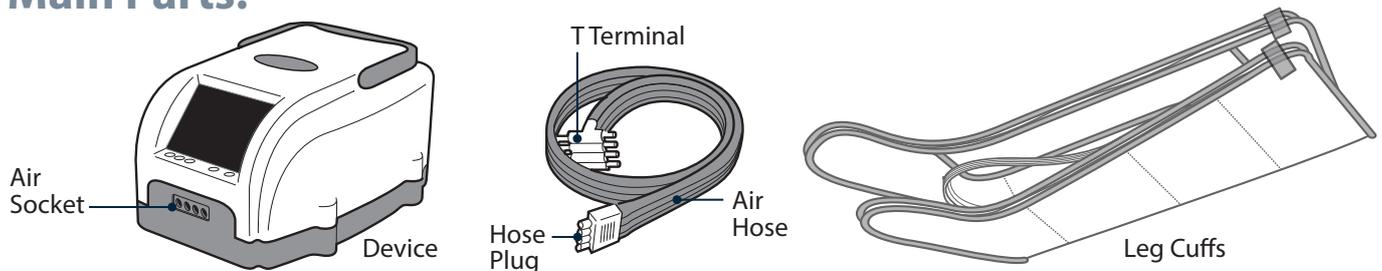
AIRRELAX-1

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Please Read This Quick Guide. Thank You.

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## Main Parts:



1. The **T Terminal** has already been connected to the **Leg Cuffs** for you.
2. Attach **gently** the **Hose Plug** connector to the **Air Socket** located on the front of the **Device**. (No need to disconnect it after every use.)
3. Put on the **Leg Cuffs**, zip cuffs **fully**, and secure velcro straps, otherwise it will pop. Do not panic if it happens just turn off your device and zip it again, properly.
4. Plug in the device to US electrical outlet **ONLY**. Press **Power** button.
5. **How to operate Modes:** Default mode begins. You can choose any mode (please see the manual, Page 11), start from the lowest pressure. You can adjust to a higher level of pressure if desired. Press the “MODE” button once to change the mode.
  - “A” Each individual chamber will inflate and deflate one at a time starting at the ankles.
  - “B” Each individual chamber will inflate and stay inflated until all four chambers are filled.
  - “C” All four chambers will inflate together and deflate at the same time.
  - “Point” Mode. Use this Mode to target a specific section to inflate and deflate repeatedly. See manual, Page 10.
6. Device will turn off automatically after 15 minutes.

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## Tips:

1. Sometimes you can put the Leg Cuffs on without unzipping them (like boots or pants).
2. Put fresh socks on before every use.
3. Once device is off, the air starts to slowly deflate from the cuffs. It takes some time, please be patient.
4. Be gentle with rubber hoses and plastic T-connectors.
5. Please do not hesitate to contact us if you have questions about the device.



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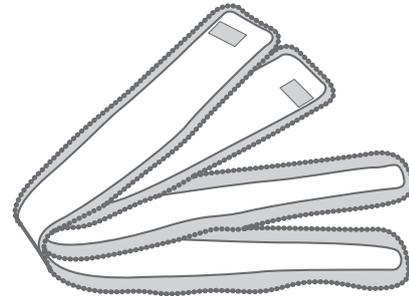
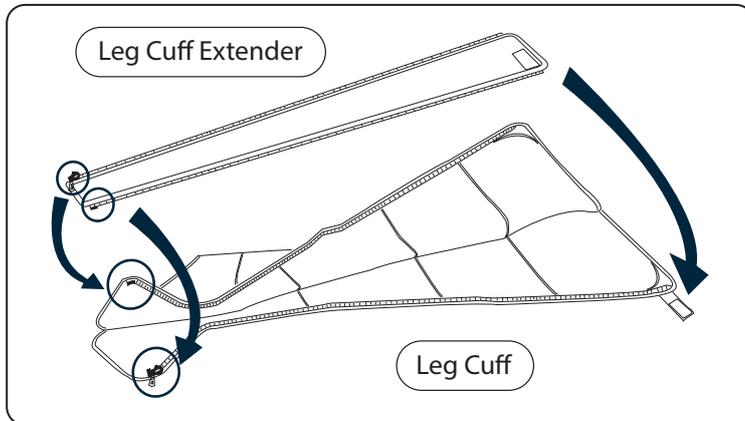
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# Optional Purchase

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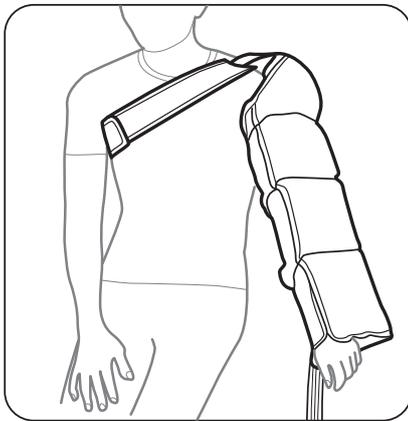
## Leg Cuff Extenders



Leg Cuff Extenders

1. Attach extender starting at the bottom on the Leg Cuff zipper.
  2. Pull the zipper up to the end and attach the Velcro firmly.
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## Arm Cuff



## Waist Cuff



## Notes:

1. Select the compression strength from low level to high level.
2. Limit movement while using the leg cuffs.
3. Only one optional accessory can be used at a time. The device has one Air Socket.
4. Find "Air-Relax" on youtube.com for step-by-step instructions on how to use Air Relax.
5. Registering your product will actually help us provide you with quicker and more efficient service and support and assure you get the most out of your warranty.

Register a Product at [air-relax.com](http://air-relax.com)

