



# ACADEMY OF MARTIAL ARTS SHOTOKAN

**SENSEI KRISTINA HAIGHT, 8TH DAN**

**ISKF NORTHWEST REGIONAL DIRECTOR**

**January 25, 2025, Saturday**

**Blackbelt Clinic**

**10:00 am -11:15 am**

**&**

**11:45 am -1:00 pm**

**General Clinic**

**3:00 pm - 4:15 pm**

**Dan Exam**

**4:45 pm**

**January 26, 2025, Sunday**

**General Clinic**

**10:45 am -12:00 pm**

**Blackbelt Kata Clinic**

**1:30 pm -2:45pm**

**\$55 per clinic**

**AMAS KARATE**

**950 King Drive, #103, Daly City, CA 94015**

**Due to limited space, you must pre-register for this event**

**Please call (650) 878-1177 or email [amaskarate@yahoo.com](mailto:amaskarate@yahoo.com) to register**