



**ROOTS WACO**  
NUTRITION & WELLNESS

**Nutritional Informed Consent**

According to the Federal Food, Drug, and Cosmetic Act, as amended, Section 201 (g) (1), the term “DRUG” is defined to mean: “Article intended for the use in the Diagnosis, Cure, Mitigation, Treatment or Prevention of disease.”

A vitamin is not a drug, neither is a mineral, trace element, amino acid, homeopathic, herb/botanical, phytonutrient, antioxidant, nutraceutical or glandular extract. These items are often found in the foods we eat and on occasion in isolation or combinations of the above in the form of a supplement.

Although the above listed may have an effect on any disease process or symptom, this does mean that they can be misrepresented or classified as a drug by anyone.

Therefore, please be advised that any suggested nutritional, dietary or supplements advice is not intended as a primary treatment and/or therapy for any disease or particular bodily symptom. Nutritional counseling, supplement recommendations, nutritional advice, and the adjunctive schedule of nutrition is provided solely to upgrade the quality of foods in the patient’s diet in order to supply nutritional support of physiological and biochemical processes of the human body. Nutritional advice and intake including supplements (such as is listed above) may assist in enhancing your chiropractic care including adjustments and treatments.

I have read and understand the above:

_____	_____	_____
Print Name	Signature	Date

_____	_____	_____
Print Name-guardian if under 18	Signature	Date