



This is a general "SSC Basic Course" schedule. Timeframes are subject to change due to class size and student skill levels. Typically, the SSC basic course will last 6-8 hours.

Course Schedule

Time	Skill	Subject Focus	Learning Objective
9am-9:30am	Introduction	SSC Welcome, Liability Waiver, Safety Brief	Sign liability waiver, safety rules, instructor(s) introduction
9:30am-9:45am	Knife / Tool Craft	Safe use of knives/axes utilization	Student will learn basic level knife and axe use, safe storage, student demonstration understanding of safe use
9:45am-10:30am	Basic Knots	Slip, Bowline, Butterfly Knot	Students will learn these three basic knots that will aid in survival situations
10:30am-12:00pm	Shelter Building	Staying dry, safe, and meeting the needs of your situation	Students will learn the basics of how to find possible shelter locations, basic survival structures, and different materials for shelter construction
12:00pm-12:30pm	Lunch	Break for Lunch	Break for Lunch
12:30pm-1:30pm	Fire Craft	Introduction to Fire Craft	Students will learn the basics of where to place a fire, how to source fuel, how to start/maintain a fire
1:30pm-2:30pm	Water	Hydration	Students will learn the basics of how to properly find / source water, proper filtration and purification methods
2:30pm-3:30pm	Food	Basic food sourcing techniques	Students will learn the basics of possible sources of food. Basics of foraging plants, insects, make a small game snare, & fishing techniques
3:30pm-4:30pm	First Aid	Overview of common expedient first aid	Students will learn the basics of planning and execution of first aid in a survival situation