



July, 2023
Volume 3, Issue 2

By: Alexander Samuilov, Dot Farrell & Pat Grove
Formatted & Edited by: Nicole Dionne-Kehlenbeck

Sounds from the Beach

Letter from the President -

Sound Beach is a wonderful community in all seasons but summer allows her to SHINE. I hope you're all enjoying days at the beach, walks around our country beauty, and sunsets from the bluffs. I know chatting with friends new and old around town is a pleasure for me!

Join us!!! July 29th 2023 brings you our annual SBPOA Field Day...., it's a day of sun, fun, music, and more! There will be raffles so although the event is free, bring your wallet and *drum roll please*.... while renovations continue, a new version of a well-loved favorite returns to the clubhouse! The SBPOA "BBQ" returns Saturday, August 19th, 2023 as the COMMUNITY BBQ at 3 pm. Tickets are \$25 for Adults (\$15 for kids 10 and under). PLEASE BUY MANY AND EARLY! Music, Dancing, Food, Drinks and Raffles make this a can't miss community event, COME SUPPORT SBPOA and make memories that last a lifetime!!

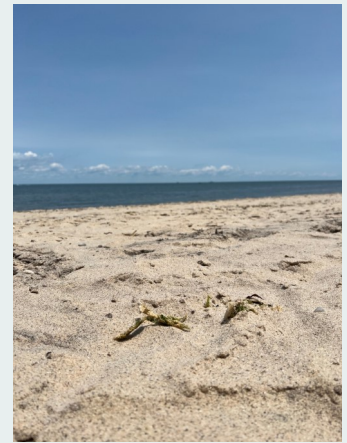
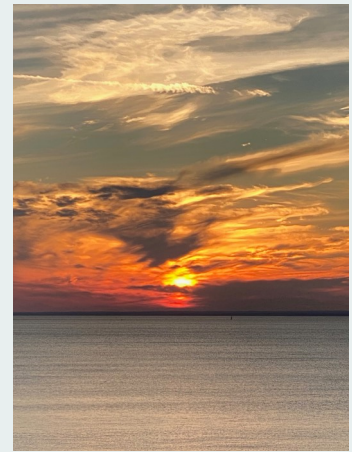
The SBPOA Community BBQ follows our annual meeting scheduled for Aug 19th at 10 am. Please... Attend, Vote and Run for the board. Join work parties & STAY INFORMED.

Your SBPOA VOLUNTEER Board has been hard at work, accomplishing much needed, important projects as renovating our historic clubhouse with new roof and new windows purchased and installed. A new clubhouse door received (work party anyone?). Access stair maintenance has been ongoing and a lovely deck and sun shade has been built by the East Ramp. A work party will be needed in the fall to reinstall our brick walkway of memories.....please volunteer!

Well all... Summer is fleeting and I've written enough, for more information, please join us the 1st Thursday of each month for our board meetings. All members receive zoom info prior to meetings.

Hope to see you all soon- around town and at our events!

ENJOY YOUR COMMUNITY!!!



INSIDE THIS ISSUE

- BBQ ANNOUNCEMENT 2
- Newsletter Article 3
- Field Day Flyer.....4
- Business Ads / Notices.....5
- Sea Glass Poem... 6
- In Memory/Miscellaneous...7

Field day will be July 29, 2023 (rain date: July 30)



Dorothy Farrell– SBPOA President

Returning to the Clubhouse....

2023

SBPOA BBQ

Date: August 19, 2023

Time: 3PM—9PM

**Good food, raffles,
cocktails, music
and fun!!!!**



\$25—Adults 11 and older

\$15—Kids 10 and under

**Call 631-744-6684 for tickets or by
PayPal on our website sbpoa.org.**

Newsletter Article

Beach Musings

By Pat Grove

Glacial Erratics

Folks who have lived in Sound Beach longer than I have tell me that the large rocks off West Beach that the glacier left behind when it retreated 18,000 years ago have **names**. Do you see why they were named as they were?

How about the rocks off East Beach? Do they have names, too?



Photo by: Mimi Hodges

Water Quality

How clean is the water that we love to swim and fish in? Save the Sound has the data for Long Island Sound Beaches on both the Long Island and Connecticut shores. Director of Water Quality Peter Lindroth oversees the effort. "Local health departments collect water samples for pathogen indicator bacteria from beaches, then submit their data for upload to the EPA's Water Quality Portal. Save the Sound and advisors developed a system to retrieve those public data and to grade them using scientific methods. The result is thousands of annual data points distilled down to understandable and comparable grades."

How do SBPOA's beaches fare? Download a copy of the **2023 Long Island Sound Beach Report** (<https://www.savethesound.org/what-we-do/healthy-waters/report-cards-grades/>) and dive deep into the historic data on **SoundHealthExplorer.org**. (<https://soundhealthexplorer.org/>). The major threat to our water quality in Sound Beach? Polluted stormwater runoff.

Fishing

It's wonderful that so many enjoy fishing from our beaches. However, if you fish, please be sure to clean your area when you are done. Fishing hooks and lures have been found abandoned on the beach ... not something you want to find embedded in your foot or the foot of a child.

Cliff Swallows

If you look at the sandy areas high on the bluffs between East and West Beaches, you can see holes that have been excavated. Those are the nests of Cliff Swallows, Mark Forman noted. The birds nest in colonies, and can be seen flying above the bluffs during daytime hours grabbing insects out of the air. I wonder how many mosquitoes a cliff swallow can eat each day?

SBPOA - 2023 Field Day Beach Bash

July 29, 2023
@ the West Beach
12pm—5pm

**Heros donated by Sound
Beach Handy Pantry**

**Pretzels donated by Philly
Pretzel Factory in Rocky Point**

** Signature
Cocktails Available **

*** Hot Dogs donated by
Cow Palace!!! ***

****DJ—Sweet Soundsations****

**Lets celebrate the Summer of 2023
with music, drinks, food,
games for kids,
Raffles, & Cash Prizes!!!!**

FREE FOR MEMBERS!!! - COME JOIN THE FUN!!!

**For more information email
sbpoainfo@sbpoa.org**



BUSINESS ADS



If you would like to place an ad, please contact us via email at sbpoainfo@sbpoa.org or call / text at 631-965-7301. Thank you again for your continued support of our local organization.

Homeowners Grant Program

Dear SBPOA Member,

Board Member Cindy DeLuca brought this program to my attention. Homeowners in Sound Beach are eligible, and can receive up to \$500 reimbursement.

Details here: <https://longislandwave.com/news/long-island-regional-planning-council-to-offer-garden-rewards-grant-program-for-homeowners-to-reduce-runoff-and-nitrogen-pollution>

Notice

PLEASE HELP TO KEEP OUR BEACHES CLEAN!!!!



**ONGOING WORK PARTIES - VOLUNTEERS
ALWAYS NEEDED!!!**

Sea Glass - by Bernadette Noll

This poem was suggested by Joanne Forman

I want to age like sea glass.
Smoothed by tides,
but not broken.
I want my hard edges to soften.
I want to ride the waves
and go with the flow.
I want to catch a wave
and let it carry me to where I belong.
I want to be picked up
and held gently by those who delight in my
well earned patina and
appreciate the changes I went
through to achieve that beauty.
I want to enjoy the journey
and always remember that if
you give the ocean something
breakable it will turn it into
something beautiful.
I want to age like sea glass.



In Memory...

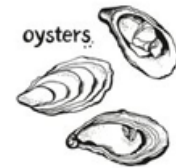
Harry Paul - beloved husband of Carol (Cookie) and dad of Harry, Nancy, Eric, Liz, and Virginia passed away Oct 2022

Audrey Moerlins - well-loved mom, grandma, and friend passed away May 2023

John Antolos - beloved father of board member Desiree Nigro and grandfather to Lucas and Marco passed away, Father's Day, June 18, 2023 on his 70th birthday.

SBPOA remembers them fondly and sends our best to their families & friends

Benefits of Oysters...



Good Afternoon All,

I am a graduate student at SUNY ESF working through NYSG on a project to understand how various groups (recreational boaters, homeowners, farmers, baymen, academia, NGOs, oyster gardeners, etc....) prioritize ecosystem and cultural services of oysters. The Sound Beach Property Owner's Association plays an important role in Long Island's coastal system, and we would love to include your thoughts and experiences in this project. This would roughly look like a casual meeting (*This is not a multi-organization meeting, but a one-on-one between SBPOA and I) that lasts 2 hours. During which, I would facilitate you creating a mental model that maps your understanding of how all the variables/services involved in oyster management (i.e.: shell recycling programs, spat, nutrient cycling...) connect to one another. You in no way need a technical understanding of oysters, as this is about your experiences and priorities. I attached the participant consent form which has an example of what this type of mental model looks like. It's a work in progress, but here is the [website](#) as well.

The location could be your facilities, or I could book a nearby community space (whichever is most convenient for you). After the workshop, there would be a follow-up photo-story activity (completed on your own) that would take approximately 20 minutes to complete. **Would you be open to participating?** Please reach out with any questions and if communication via phone is easier, you can reach me at (734)-892-4836 by call or text.

Looking forward to connecting,

GRACE M. GRIMES (she/her)

Graduate Research Assistant | State University of New York, Syracuse
B.S Biology, Ecology Concentration | Northern Michigan University
New York Sea Grant Project Website: <https://www.esf.edu/biology/oysters.php>
T: 734.892.4836 E: gracemarygrimes@gmail.com
LinkedIn: <https://www.linkedin.com/in/gracegrimes>

Sunset Pictures from the beach



Sound Beach Property Owners' Association

PO Box 213
Sound Beach, NY 11789-0213

<https://www.sbpoa.org>
Email: sbpoainfo@sbpoa.org

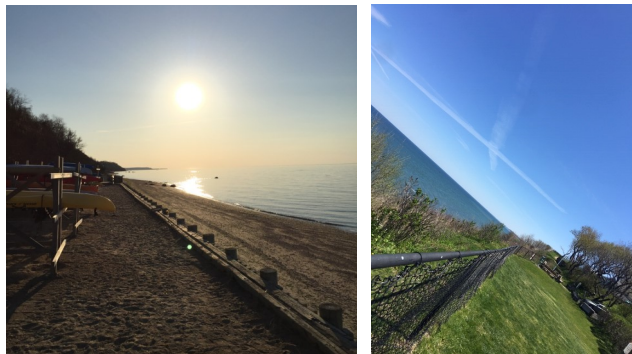


Photo credit for all pictures in this edition: Cindy DeLuca, Kathy DeVine, Nicole Dionne-Kehlenbeck, Desiree Nigro and Christine Schukat

MORE THAN THE BEACH ... WE'RE A COMMUNITY