



## Daily Schedule:

**7:30 AM - 8:00 AM | Arrival and Free Play** - Children arrive and settle in with free play activities. This time allows them to transition smoothly into the day with toys, books, and interactive games.

**8:00 AM - 8:30 AM | Breakfast** - A nutritious breakfast is served. Children eat together, encouraging social interaction and good table manners.

**8:30 AM - 9:00 AM | Free Play** - Children engage in free play activities. This time allows them to transition smoothly into the day with toys, books, and interactive games.

**9:00 AM - 9:30 AM | Circle Time** - Group activities include singing songs, sharing stories, and discussing the day's weather and calendar. This time fosters a sense of community and prepares children for structured activities.

**9:30 AM - 10:00 AM | Learning Through Play** - Focused play-based learning activities tailored to the children's developmental stages. This could include puzzles, building blocks, or creative arts, encouraging cognitive and motor skills development.

**10:00 AM - 11:00 AM | AM Snack & Outdoor Play** - A healthy snack is provided. This is another opportunity for children to practice social skills and healthy eating habits. Children spend time outside in a safe, enclosed area. Activities may include running, climbing, and exploring nature, promoting physical activity and gross motor skills.

**11:00 AM - 12:00 PM | Themed Activities and Learning Centers** - Children engage in themed activities that integrate art, science, and early literacy. Learning centers allow children to explore different stations at their own pace, fostering independence and curiosity.

**12:00 PM - 12:30 PM | Lunch** - A balanced lunch is served, focusing on healthy eating habits. Mealtimes are a relaxed opportunity for children to refuel and socialize.

**12:30 PM - 2:30 PM | Storytime and Nap** - Children gather for a quiet story, helping them transition into rest time. This calming activity is essential for winding down after a busy morning. Children nap or engage in quiet activities such as reading or soft play. This time is important for rest and recharging for the remainder of the day.

**2:30 PM - 3:00 PM | Wake-Up and PM Snack** - Children gradually wake up and enjoy a light snack. This is a gentle transition back into active play.

**3:00 PM - 4:00 PM | Creative Play and Arts** - Children participate in creative activities like drawing, painting, or crafting. This allows them to express themselves and develop fine motor skills.

3:30 PM - PM Snack

**4:00 PM - 4:30 PM | Outdoor Play and Pick-Up** - Children spend time outside for one last session of physical activity and exploration. Parents arrive for pick-up, and caregivers provide brief updates on the child's day.

## Notes:

The schedule may vary slightly based on the children's needs and interests on any given day.

Outdoor play is weather permitting, and alternative indoor activities are provided as needed.

Meals and snacks provided are in accordance with nutritional guidelines appropriate for young children.