Coverage Period: 01/01/2019 - 12/31/2019
Coverage for: Employee and Family | Plan Type: PPO

The Summary of Benefits and Coverage (SBC) document will help you choose a health <u>plan</u>. The SBC shows you how you and the <u>plan</u> would share the cost for covered health care services. NOTE: Information about the cost of this <u>plan</u> (called the <u>premium</u>) will be provided separately. This is only a summary. For more information about your coverage, or to get a copy of the complete terms of coverage, call BCBSM at 1-800-854-5901 or Express Scripts at 1-800-711-3459. For general definitions of common terms, such as <u>allowed amount</u>, <u>balance billing</u>, <u>coinsurance</u>, <u>copayment</u>, <u>deductible</u>, <u>provider</u>, or other <u>underlined</u> terms see the Glossary. You can view the Glossary at https://www.healthcare.gov/sbc-glossary or call Aptiv Benefits at 1-888-587-9648 to request a copy. Questions: Call Aptiv Benefits at 1-888-587-9648 or visit <u>benefits.aptiv.com</u> for more information.

Important Questions	Answers	Why This Matters:
What is the overall deductible?	In-network: \$300 Individual / \$550 Family; Out-of-Network: \$525 Individual / \$1,000 Family	Generally, you must pay all the costs from <u>providers</u> up to the <u>deductible</u> amount before this <u>plan</u> begins to pay. If you have other family members on the <u>plan</u> , each family member must meet their own individual <u>deductible</u> until the total amount of <u>deductible</u> expenses paid by all family members meets the overall family <u>deductible</u> .
Are there services covered before you meet your <u>deductible</u> ?	Yes. <u>Preventive care</u> (in-network), primary care and prescription drugs are covered before you meet your <u>deductible</u> .	This <u>plan</u> covers some items and services even if you haven't yet met the <u>deductible</u> amount. But a <u>copayment</u> or <u>coinsurance</u> may apply. For example, this <u>plan</u> covers certain <u>preventive services</u> without <u>cost-sharing</u> and before you meet your <u>deductible</u> . See a list of covered <u>preventive services</u> at https://www.healthcare.gov/coverage/preventive-care-benefits/ .
Are there other deductibles for specific services?	No.	You don't have to meet <u>deductibles</u> for specific services.
What is the <u>out-of-pocket</u> <u>limit</u> for this <u>plan</u> ?	In-network: \$1,500 Individual / \$3,200 Family. Out-of-Network: \$0	The <u>out-of-pocket limit</u> is the most you could pay in a year for covered services. If you have other family members in this <u>plan</u> , they have to meet their own <u>out-of-pocket limits</u> until the overall family <u>out-of-pocket limit</u> has been met.
What is not included in the <u>out-of-pocket limit?</u>	Premiums, balance-billing charges, and health care this plan doesn't cover.	Even though you pay these expenses, they don't count toward the out-of-pocket limit.
Will you pay less if you use a <u>network provider</u> ?	Yes. See www.express-scripts.com or call 1-800-854-5901 (BCBSM) or 1-800-711-3459 (Express Scripts) for a list of network.org/network.org/network.netw	This <u>plan</u> uses a provider <u>network</u> . You will pay less if you use a <u>provider</u> in the plan's <u>network</u> . You will pay the most if you use an <u>out-of-network provider</u> , and you might receive a bill from a <u>provider</u> for the difference between the provider's charge and what your <u>plan</u> pays (<u>balance billing</u>). Be aware, your <u>network provider</u> might use an <u>out-of-network provider</u> for some services (such as lab work). Check with your <u>provider</u> before you get services.
Do you need a <u>referral</u> to see a <u>specialist</u> ?	No.	You can see the specialist you choose without a referral.



All **copayment** and **coinsurance** costs shown in this chart are after your **deductible** has been met, if a **deductible** applies.

Common		What You Will Pay		Limitations, Exceptions, & Other Important	
Medical Event	Services You May Need	In-Network Provider (You will pay the least)	Out-of-Network Provider (You will pay the most)	Information	
	Primary care visit to treat an injury or illness Specialist visit	100% coinsurance 100% coinsurance	100% <u>coinsurance</u> with referral; Not covered without referral	<u>Deductible</u> does not apply; <u>Out-of-pocket limit</u> applies. Not covered for allergy testing, treatment or injections.	
If you visit a health care <u>provider's</u> office or clinic	Preventive care/screening/ immunization	No charge	40% coinsurance	Deductible does not apply in network. Immunizations received at pharmacies are not covered. You may have to pay for services that aren't preventive. Ask your provider if the services you need are preventive. Then check what your plan will pay for.	
If you have a test	<u>Diagnostic test</u> (x-ray, blood work)	20% coinsurance	40% coinsurance	Must be medically necessary. Preauthorization may be required (your provider will contact	
	Imaging (CT/PET scans, MRIs)	20% coinsurance	40% coinsurance	BCBS).	
If you need drugs to treat your illness or	Generic drugs	Retail: \$12/prescription Mail: \$30/prescription	Retail: 25% <u>coinsurance</u> + \$12/prescription Mail: Not covered	<u>Deductible</u> does not apply; <u>Out-of-pocket limit</u> applies. Covers up to a 34-day supply at retail; up to 90-day supply at mail. Some drugs may	
condition More information about prescription drug	Preferred brand drugs	Retail: \$48/prescription Mail: \$120/prescription	Retail: 25% <u>coinsurance</u> + \$48/prescription Mail: Not covered	not be covered if prior authorization is not obtained. Certain maintenance drugs are not covered at retail after 3 fills (after 1 fill for	
coverage is available at www.express-scripts.com	Non-preferred brand drugs	Retail: \$96/prescription Mail: \$240/prescription	Retail: 25% <u>coinsurance</u> + \$96/prescription Mail: Not covered	certain specialty drugs). Drugs not covered for erectile dysfunction (except for certain conditions), non-sedating antihistamines,	
	Specialty drugs	See above	See above	cosmetic purposes, weight control or to induce pregnancy.	
If you have outpatient	Facility fee (e.g., ambulatory surgery center)	20% coinsurance	40% coinsurance	Must be medically necessary. Preauthorization may be required (your provider will contact	
surgery	Physician/surgeon fees	20% coinsurance	40% coinsurance	BCBS).	
	Emergency room care	20% coinsurance	20% coinsurance	Must be an emergency.	
If you need immediate medical attention	Emergency medical transportation	20% coinsurance	20% coinsurance	Must be medically necessary. Air/boat ambulance up to 100 miles: 50% coinsurance; 100 miles and over: 100% coinsurance.	
	<u>Urgent care</u>	20% coinsurance	20% coinsurance	Facility fees are not covered.	

Common	What You Will Pay			Limitations, Exceptions, & Other Important	
Medical Event	Services You May Need	In-Network Provider (You will pay the least)	Out-of-Network Provider (You will pay the most)	Information	
If you have a hospital	Facility fee (e.g., hospital room)	20% coinsurance	40% coinsurance	Must be medically necessary. Preauthorization may be required (your provider will contact BCBS). 365-day limit at semi-private room	
stay	Physician/surgeon fees	20% coinsurance	40% <u>coinsurance</u>	rate. Not covered for custodial care, physical therapy, dental surgeries, refractive eye surgery, sterilization reversals, or non-covered plastic, cosmetic or reconstructive surgeries.	
If you need mental health, behavioral	Outpatient services	20% coinsurance	40% coinsurance	Preauthorization may be required for inpatient services and outpatient psychological testing	
health, or substance abuse services	Inpatient services	20% coinsurance	40% coinsurance	(your provider will contact New Directions at 1-800-762-2382).	
	Office visits	20% coinsurance	40% coinsurance	Cost sharing does not apply to certain	
If you are pregnant	Childbirth/delivery professional services	20% coinsurance	40% coinsurance	<u>preventive services</u> . Depending on the type of services, <u>coinsurance</u> may apply. Maternity	
	Childbirth/delivery facility services	20% coinsurance	40% coinsurance	care may include tests and services described elsewhere in the SBC (i.e. ultrasound).	
	Home health care	20% coinsurance	40% coinsurance	3 visit limit for each unused hospital day (except for IV infusion). Not covered for private duty nursing, physician or housekeeping services.	
If you need help	Rehabilitation services	20% <u>coinsurance</u>	40% coinsurance	Physical, occupational and speech therapy: 60 visit limit per condition. Cardiac Rehab: 6-month limit immediately following certain conditions, diagnoses and surgeries. Not covered for chronic or congenital conditions.	
recovering or have	Habilitation services	No covered	Not covered	-	
other special health needs	Skilled nursing care	20% <u>coinsurance</u>	40% coinsurance	Must be medically necessary. Preauthorization may be required (your provider will contact BCBS). 730-day limit. Not covered for care that is principally custodial or domiciliary in nature.	
	Durable medical equipment	20% <u>coinsurance</u>	20% coinsurance + balance-billing (outpatient); 40% coinsurance (provider's office or inpatient)	Limited to items covered under Medicare Part B. Out-of-Network balance (balance billing) not covered.	
	Hospice services	20% coinsurance	40% <u>coinsurance</u>	2-day limit for each unused hospital day, up to 210-day lifetime maximum.	

Common		What Y	ou Will Pay	Limitations, Exceptions, & Other Important	
Medical Event	Services You May Need	In-Network Provider (You will pay the least)	Out-of-Network Provider (You will pay the most)	Information	
If your child needs	Children's eye exam	Not covered	Not covered	Services may be covered under your vision	
dental or eye care	Children's glasses	Not covered	Not covered	plan (if applicable).	
dental of cyc care	Children's dental check-up	Not covered	Not covered	Covered under your dental plan (if applicable).	

Excluded Services & Other Covered Services:

Services Your <u>Plan</u> Generally Does NOT Cover (Check your policy or plan document for more info	ormation and a list of any other excluded services.)
 Acupuncture Chiropractic care Cosmetic surgery Dental care (Adult & Child) Eye exam & glasses (Adult & Child) 	 Habilitation services Infertility treatment Long-term care Private duty nursing 	 Research, experimental or investigational services, procedures, drugs, equipment Routine eye care (Adult) Routine foot care Weight loss programs

Other Covered Services (Limitations may apply to these services. This isn't a complete list. Please see your plan document.)

Bariatric surgery
 Hearing aids
 Non-emergency when traveling outside the U.S.

Your Rights to Continue Coverage: There are agencies that can help if you want to continue your coverage after it ends. The contact information for those agencies is: Aptiv Benefits (COBRA for your plan) at 1-888-587-9648 or benefits.aptiv.com, or the Department of Labor's Employee Benefits Security Administration at 1-866-444-EBSA (3272) or www.dol.gov/ebsa/healthreform. Other coverage options may be available to you too, including buying individual insurance coverage through the Health Insurance Marketplace. For more information about the Marketplace, visit www.HealthCare.gov or call 1-800-318-2596.

Your Grievance and Appeals Rights: There are agencies that can help if you have a complaint against your plan for a denial of a <u>claim</u>. This complaint is called a <u>grievance</u> or <u>appeal</u>. For more information about your rights, look at the explanation of benefits you will receive for that medical <u>claim</u>. Your <u>plan</u> documents also provide complete information to submit a <u>claim</u>, <u>appeal</u>, or a <u>grievance</u> for any reason to your <u>plan</u>. For more information about your rights, this notice, or assistance, contact: BCBSM at 1-800-854-5901, Express Scripts at 1-800-711-3459, or the Department of Labor's Employee Benefits Security Administration at 1-866-444-EBSA (3272) or <u>www.dol.gov/ebsa/healthreform</u>. Additionally, a Consumer Assistance Program can help you file your <u>appeal</u>. A list of states with Consumer Assistance Programs is available at <u>www.dol.gov/ebsa/healthreform</u> and https://www.cms.gov/CCIIO/Resources/Consumer-Assistance-Grants/.

Does this plan provide Minimum Essential Coverage? Yes

If you don't have Minimum Essential Coverage for a month, you'll have to make a payment when you file your tax return unless you qualify for an exemption from the requirement that you have health coverage for that month.

Does this plan meet the Minimum Value Standards? Yes

If your plan doesn't meet the Minimum Value Standards, you may be eligible for a premium tax credit to help you pay for a plan through the Marketplace.

Language Access Services:

Para obtener asistencia en Español, llame BCBSM al 1-800-854-5901 o Express Scripts al 1-800-753-2851.

To see examples of how this plan might cover costs for a sample medical situation, see the next section.——

About these Coverage Examples:



This is not a cost estimator. Treatments shown are just examples of how this <u>plan</u> might cover medical care. Your actual costs will be different depending on the actual care you receive, the prices your <u>providers</u> charge, and many other factors. Focus on the <u>cost sharing</u> amounts (<u>deductibles</u>, <u>copayments</u> and <u>coinsurance</u>) and <u>excluded services</u> under the <u>plan</u>. Use this information to compare the portion of costs you might pay under different health <u>plans</u>. Please note these coverage examples are based on self-only coverage.

Peg is Having a Baby

(9 months of in-network pre-natal care and a hospital delivery)

■ The plan's overall deductible	\$300
Specialist coinsurance	20%
Hospital (facility) coinsurance	20%
Other <u>coinsurance</u>	20%

This EXAMPLE event includes services like:

Specialist office visits (prenatal care)
Childbirth/Delivery Professional Services
Childbirth/Delivery Facility Services
Diagnostic tests (ultrasounds and blood work)
Specialist visit (anesthesia)

Total Example Cost	\$12,800	

In this example, Peg would pay:

Cost Sharing	
Deductibles	\$300
Copayments	\$0
Coinsurance	\$1,200
What isn't covered	
Limits or exclusions	\$60
The total Peg would pay is	\$1,560

Managing Joe's type 2 Diabetes

(a year of routine in-network care of a well-controlled condition)

■ The <u>plan's</u> overall <u>deductible</u>	\$300
Specialist coinsurance	20%
Hospital (facility) coinsurance	20%
Other copayment (Rx) \$12 generic/\$	48 brand

This EXAMPLE event includes services like:

Primary care physician office visits (including disease education)
Diagnostic tests (blood work)
Prescription drugs
Durable medical equipment (glucose meter)

Total Example Cost	\$7,400

In this example, Joe would pay:

Cost Sharing	
Deductibles	\$300
Copayments	\$703
Coinsurance	\$497
What isn't covered	
Limits or exclusions	\$55
The total Joe would pay is	\$1,555

Mia's Simple Fracture

(in-network emergency room visit and follow up care)

The plan's overall deductible	\$300
Specialist coinsurance	20%
Hospital (facility) coinsurance	20%
Other coinsurance	20%

This EXAMPLE event includes services like:

Emergency room care (including medical supplies)

Diagnostic test (x-ray)

Durable medical equipment (crutches) Rehabilitation services (physical therapy)

Total Example Cost	\$1,900

In this example, Mia would pay:

Cost Sharing	
Deductibles	\$300
Copayments	\$0
Coinsurance	\$385
What isn't covered	
Limits or exclusions	\$0
The total Mia would pay is	\$685