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PERSONAL HISTORY

Date: _____ Name: _____
 First Last

Address: _____ City/State: _____ Zip: _____

Birthdate: _____ Age: _____ Sex: M F Height: _____ Weight: _____

Phone: Home or Cell _____ Work _____ Email _____

Circle One: Single Married Divorced Widowed

Emergency Contact: _____
 Name Phone Number Relation

Whom May we Thank for referring you: _____

Are you / have you been disabled from work? _____

Current medications or Natural Remedies: _____

CURRENT HEALTH CONDITION:

Please fill out this section for the complaint you feel is most significant.
 Then indicate on the drawings where your pain is located.

Major Complaint: _____ Date of Onset: _____ sudden gradual
 How bad is your pain or ache? **Please circle:** no pain 1 2 3 4 5 6 7 8 9 10 Unbearable

Describe your pain or complaint: Dull Deep Tingling Sharp Superficial Burning Ache
 Spasm Stabbing Numbness Other _____

Does the pain radiate to other parts of the body? YES NO Where _____

Frequency: Occasional Intermittent Constant

How long does the pain last? _____

What makes the pain worse? Standing Walking Cold

Sitting Lifting Bending Sleeping Sex Twisting

Heat Other _____

What makes the pain better?

Sitting Standing Rest Heat Cold Medication

Have you had any other treatment for this condition?

