



Caribbean Catering & Carry-out

Phone # 403-454-7400
Simplybyfay @ f

Starters / Sides

Festival (3) V	\$7.95
<i>A blend of flour, cornmeal and spices deep fried</i>	
Fried Dumpling (4) V	\$7.95
<i>Deep fried dough</i>	
Fried Plantain V GF	\$7.95
<i>Deep fried until golden brown with a caramelized sweet texture</i>	
Regular Fries V	\$8.95
<i>Deep fried cut potatoes</i>	
Spicy Fries Hot Spicy V GF	\$9.95
<i>Deep fried potatoes spiced up with in house pepper sauce and spices</i>	
Doubles	\$8.95
<i>Spiced chickpea curry filling sandwiched in a flatbread</i>	
Coleslaw	\$4.95
Rice & Peas / White Rice	\$7.95
Roti Shell	\$8.95
Roti Shell Combo (5)	\$36.95
Sauces (All Sauces)	\$3.95
Pepper Sauce	Regular \$7.95 \$10.95
Coco Bread	\$3.95



Hot Spicy Mild GF Gluten Free V Vegan
ALL DISHES MADE PEANUT FREE Pat Size (Large)

Soups

Chicken

Pumpkin, Chicken, yams, potatoes, dumplings and Caribbean seasoning

Regular **\$12.95
\$15.95**

Beef

Kidney beans, beef, yams, potatoes dumplings and Caribbean seasoning

Regular **\$12.95
\$15.95**

Veggie

Pumpkin, carrots, pumpkin, thyme, scallion and Caribbean seasoning

Regular **\$11.95
\$13.95**

Caribbean Dishes

Served with coleslaw and your choice of either white rice or traditional rice and peas. Sub to Mac & Cheese for \$2

Curry Chicken

A blend of Caribbean curry powder, potatoes, carrots and spices blended together in a savory curry sauce

Regular **\$19.95
\$24.95**

Jerk Chicken

Marinated in Jerk seasoning and oven baked

Regular **\$19.95
\$24.95**

Curry Goat

Chunky pieces of goat cooked with a blend of potatoes, carrots, Caribbean curry powder and spices

Regular **\$27.95
\$33.95**

Oxtail

Beef oxtail, butter beans, onion, garlic, thyme, potatoes and Caribbean spices slow cooked to perfection

Regular **\$27.95
\$33.95**

Jerk Tofu Medley

Cubes of marinated firm tofu, bell peppers, and spices sautéed in a jerk sauce

Regular **\$22.95
\$27.95**

Curry Tofu Medley

Cubes of firm tofu, bell peppers, artichoke, baby corn and spices cooked in a Caribbean curry sauce

Regular **\$22.95
\$27.95**




Seafood

Served with coleslaw and your choice of either white rice or traditional rice and peas. Sub to Mac & Cheese for \$2

Jerk Shrimp

Jumbo shrimp marinated in spicy jerk seasoning, bell peppers and thyme sautéed in jerk sauce

Regular  \$28.95
\$33.95

Curry Shrimp

A blend of jumbo shrimp, bell peppers and curry powder simmered in a mild curry.

Regular  \$28.95
\$33.95

King Fish

A white steak style fish lightly seasoned with salt and pepper and topped with traditional Escovitch

Regular  \$27.95
\$33.95

Snapper (Fried)

Whole Red Snapper lightly seasoned with salt and pepper and topped with traditional Escovitch

\$33.95

Ackee & Saltfish

The Jamaican National Dish. Ackee, Salted Codfish, peppers and onion infused with a medley of Caribbean spices

Regular  \$27.95
\$33.95

Roti

Curry potatoes, and choice of chicken, beef, shrimp or veggies stewed together and wrapped tightly in a Dhalpuri shell

Chicken  \$25.95

Beef  \$25.95

Shrimp  \$25.95

Veggie  \$22.95

Jamaican Patties

Pastry filled with ground beef, chicken, or goat and blended with Caribbean spices baked inside a flaky shell

Chicken \$6.95

Spicy Beef  \$6.95

Goat  \$7.95



Desserts

Carrot Cake \$7.95

Carrots, flour, sugar, mixed nuts and spices blended and baked

Sweet Potato Pudding \$7.95

Grated Jamaican sweet potatoes, brown sugar and spices blended and baked

Coconut Drops \$4.95

Finley chopped coconut, brown sugar, ginger and spices blended and baked

Peanut Drops \$3.95

Peanuts, brown sugar, ginger and spices blended and baked

Gizzada \$5.95

Grated coconut and spices blended and baked in a pastry shell

Tamarind Balls \$5.95

Blended pulp of tamarinds rolled into balls and sprinkled with sugar (spicy or mild)

Shirley Biscuits \$2.95

Mr. Johns Ripe Spicy Plantain Chips Regular  \$4.95
\$8.95

Caribbean Ice Cream

Rum & Raisin / Grapenut / Coconut / Mango

1 Scoop \$6.95
2 Scoops \$8.95
3 Scoops \$10.95

* Grapenut - add \$1.00

Beverages

Water Bottle \$1.95

Pops (331ml) \$1.95

Crush / Ginger Ale / Pepsi / Diet Pepsi / 7up / Ice Tea

Coconut Water (500 ml) Malt \$5.95

Malta Drinks \$4.95

Tiger Malt / Vita Malt / Malta

Nutrament \$5.95

Peanut Punch \$3.95

Red Bull Island \$4.95

Sodas \$3.95

Cream Soda / Ginger Beer / Banana / Pineapple
Pineapple Coconut / Grapefruit / Kola / Fruit Punch

Irish Moss (Vanilla or Peanut) \$6.95

Royal Jamaican Ginger Beer (355 ml) \$5.95

Assorted Tropical Rhythm Juices \$5.95

Sorrel Ginger / Mango / Fruit Punch / Pineapple Ginger
Pineapple Guava, Mango Carrot

Ting \$4.95

(Please see Drink Menu for all Alcohol drinks)

