



Caribbean Catering & Carry-out

Phone # 403-453-5475  
Simplybyfay @ f

## Starters / Sides

<b>Festival (3)</b> <span style="color: green;">V</span>	<b>\$8</b>
<i>A blend of flour, cornmeal and spices deep fried</i>	
<b>Fried Dumpling (4)</b> <span style="color: green;">V</span>	<b>\$8</b>
<i>Deep fried dough</i>	
<b>Fried Plantain</b> <span style="color: green;">V</span> <span style="color: green;">GF</span>	<b>\$8</b>
<i>Deep fried until golden brown with a caramelized sweet texture</i>	
<b>Regular Fries</b> <span style="color: green;">V</span>	<b>\$9</b>
<i>Deep fried cut potatoes</i>	
<b>Spicy Fries</b> <span style="color: red;">🔥🔥🔥</span> <span style="color: green;">V</span> <span style="color: green;">GF</span>	<b>\$11</b>
<i>Deep fried potatoes spiced up with in house pepper sauce and spices</i>	
<b>Doubles</b>	<b>\$9</b>
<i>Spiced chickpea curry filling sandwiched in a flatbread</i>	
<b>Coleslaw</b>	<b>\$6</b>
<b>Rice &amp; Peas / White Rice</b>	<b>\$8</b>
<b>Roti Shell</b>	<b>\$9</b>
<b>Roti Shell Combo (5)</b>	<b>\$40</b>
<b>Sauces (All Sauces)</b>	<b>\$4</b>
<b>Pepper Sauce</b>	<b>Small \$4 Regular \$10 👤 \$15</b>
<b>Coco Bread</b>	<b>\$4</b>
<b>Mac &amp; Cheese</b>	<b>\$8</b>



🔥🔥🔥 Hot 🔥 Spicy 🔥 Mild GF Gluten Free V Vegan  
🚫 ALL DISHES MADE PEANUT FREE Pat Size (Large) 👤

## Soups

<b>Chicken</b>		
<i>Pumpkin, Chicken, yams, potatoes, dumplings and Caribbean seasoning</i>		
	<b>Regular</b>	<b>\$13</b>
		<b>\$17</b>
<b>Beef</b>		
<i>Kidney beans, beef, yams, potatoes dumplings and Caribbean seasoning</i>		
	<b>Regular</b>	<b>\$13</b>
		<b>\$17</b>
<b>Veggie</b> <span style="color: green;">V</span> <span style="color: green;">GF</span>		
<i>Pumpkin, carrots, pumpkin, thyme, scallion and Caribbean seasoning</i>		
	<b>Regular</b>	<b>\$13</b>
		<b>\$17</b>

## Caribbean Dishes

*Served with coleslaw and your choice of either white rice or traditional rice and peas. Sub to Mac & Cheese for \$2*

<b>Curry Chicken</b> <span style="color: red;">🔥🔥</span> <span style="color: green;">GF</span>		
<i>A blend of Caribbean curry powder potatoes, carrots and spices , together in a savory curry sauce blended</i>		
	<b>Regular</b>	<b>\$20</b>
		<b>\$25</b>
<b>Jerk Chicken</b> <span style="color: red;">🔥🔥🔥</span> <span style="color: green;">GF</span>		
<i>Marinated in Jerk seasoning and oven baked</i>		
	<b>Regular</b>	<b>\$20</b>
		<b>\$25</b>
<b>Curry Goat</b> <span style="color: red;">🔥🔥</span> <span style="color: green;">GF</span>		
<i>Chunky pieces of goat cooked with a blend of potatoes, carrots, Caribbean curry powder and spices</i>		
	<b>Regular</b>	<b>\$29</b>
		<b>\$35</b>
<b>Oxtail</b> <span style="color: green;">GF</span>		
<i>Beef oxtail, butter beans, onion, garlic, thyme, potatoes and Caribbean spices slow cooked to perfection</i>		
	<b>Regular</b>	<b>\$29</b>
		<b>\$35</b>
<b>Jerk Tofu Medley</b> <span style="color: red;">🔥🔥🔥</span> <span style="color: green;">V</span> <span style="color: green;">GF</span>		
<i>Cubes of marinated firm tofu, bell peppers, and spices sautéed in a jerk sauce</i>		
	<b>Regular</b>	<b>\$23</b>
		<b>\$28</b>
<b>Curry Tofu Medley</b> <span style="color: green;">V</span> <span style="color: green;">GF</span>		
<i>Cubes of firm tofu, bell peppers, artichoke, baby corn and spices cooked in a Caribbean curry sauce</i>		
	<b>Regular</b>	<b>\$23</b>
		<b>\$28</b>



## Seafood

Served with coleslaw and your choice of either white rice or traditional rice and peas. Sub to Mac & Cheese for \$2

### Jerk Shrimp

Jumbo shrimp marinated in spicy jerk seasoning, bell peppers and thyme sautéed in jerk sauce

Regular  \$29  
\$35

### Curry Shrimp

A blend of jumbo shrimp, bell peppers and curry powder simmered in a mild curry.

Regular  \$29  
\$35

### King Fish

A white steak style fish lightly seasoned with salt and pepper and topped with traditional Escovitch

Regular  \$29  
\$35

### Snapper (Fried)

Whole Red Snapper lightly seasoned with salt and pepper and topped with traditional Escovitch

\$37

### Ackee & Saltfish

The Jamaican National Dish. Ackee, Salted Codfish, peppers and onion infused with a medley of Caribbean spices

Regular  \$29  
\$35

## Roti

Curry potatoes, and choice of chicken, beef, shrimp or veggies stewed together and wrapped tightly in a Dhalpuri shell

Chicken 	\$27
Beef 	\$29
Shrimp 	\$32
Veggie 	\$27
Lamb 	\$32

## Jamaican Patties

Pastry filled with ground beef, chicken, or goat and blended with Caribbean spices baked inside a flaky shell

Chicken	\$7
Spicy Beef 	\$7
Goat 	\$8



## Desserts

<b>Carrot Cake</b> Carrots, flour, sugar, mixed nuts and spices blended and baked	\$7
<b>Sweet Potato Pudding</b> Grated Jamaican sweet potatoes, brown sugar and spices blended and baked	\$7
<b>Coconut Drops</b> Finley chopped coconut, brown sugar, ginger and spices blended and baked	\$5
<b>Peanut Drops</b> Peanuts, brown sugar, ginger and spices blended and baked	\$4
<b>Gizzada</b> Grated coconut and spices blended and baked in a pastry shell	\$6
<b>Tamarind Balls</b> Blended pulp of tamarinds rolled into balls and sprinkled with sugar (spicy or mild)	\$6
<b>Shirley Biscuits</b>	\$3
<b>Mr. Johns Ripe Spicy Plantain Chips</b> 	Regular \$5 \$9
<b>Caribbean Ice Cream</b> Rum & Raisin / Grapenut / Coconut / Mango	1 Scoop \$6 2 Scoops \$9 3 Scoops \$11
* Grapenut - add \$1.00	

## Beverages

<b>Water Bottle</b>	\$2
<b>Pops</b> Crush / Ginger Ale / Pepsi / Diet Pepsi / 7up / Ice Tea	\$2
<b>Coconut Water (500 ml)</b>	\$5.50
<b>Malt Malta Drinks</b> Tiger Malt / Vita Malt / Malta	\$4.50
<b>Nutrament</b>	\$5.50
<b>Peanut Punch</b>	\$3.50
<b>Red Bull Island</b>	\$5
<b>Sodas</b> Cream Soda / Ginger Beer / Banana / Pineapple / Pineapple Coconut / Grapefruit / Kola / Fruit Punch	\$4
<b>Irish Moss (Vanilla or Peanut)</b>	\$5.50
<b>Royal Jamaican Ginger Beer (355 ml)</b>	\$6
<b>Assorted Tropical Rhythm Juices</b> Sorrel Ginger / Mango / Fruit Punch / Pineapple / Ginger Pineapple Guava, Mango Carrot	\$6
<b>Ting</b>	\$4.50

(Please see Drink Menu for all Alcohol drinks)

