

2025 Viking Backers Summer Camp Schedule						
Dates	Camp	Time	Grade in 25/26	Coach	Coach Email	Cost
June 23 to 27	Girls Lacrosse / Basketball Combo Camp AM + PM	9am to 3pm	1st to 9th	Samantha Hall, Chris VanderVat	samantha_hall@hcpss.org, christopher_vandervat@hcpss.org	\$350
June 23 to 27	Girls Lacrosse AM ONLY - Your daughter will learn basic to advanced skills based on the level she is starting at. We will provide instruction on skills like groundballs, shooting, dodging, defensive 1v1s and team defense, passing/catching, and game situations. There will be competitions along the way to win prizes as well!	9am to 11:30am	1st to 9th	Samantha Hall	samantha_hall@hcpss.org	\$200
June 23 to 27	Girls Basketball PM ONLY - This camp will be run by the current Mount Hebron Girls Varsity basketball coach. It will be filled with games and competetions to earn prizes. Girls will be running around, having fun, and learning the basics of basketball.	12:30pm to 3pm	1st to 9th	Chris VanderVat	christopher_vandervat@hcpss.org	\$200
June 23 to 27	Football Camp - Campers will participate in football specific drills that will improve their football knowledge and skills. The campers will also compete in flag football games.	9am to 3pm	1st to 9th	Shawn Frederick	shawn_frederick@hcpss.org	\$300
June 23 to 27	Tennis Camp	9am to 12pm	5th to 9th	Kevin Hendon	kphendon@gmail.com	\$225
NEW! June 23 to 26 (Rain Date 6/27)	Baseball Camp - A Monday-Thursday baseball camp focused on position-based fundamentals, skill development, and individual analysis and feedback.	8am to 11am	3rd to 8th	Tony Giro	girolp12@hotmail.com	\$180
June 30 to July 3	Volleyball Training Camp (Elem School Age)	8am to 11am	1st to 5th	Molly Werts	mollycaroline13@gmail.com	\$175
June 30 to July 3	Volleyball Training Camp (6th to 9th grade)	1pm to 4pm	6th to 9th	Molly Werts	mollycaroline13@gmail.com	\$200
July 7 to 10	Girls Field Hockey Camp	8:30am to 10:30am	4th to 9th	Jeanette Ireland	jirelandcmc@comcast.net	\$200
July 7 to 11	Boys Basketball Camp (Week 1)	8:30am to 3pm	3rd to 9th	Malik Gilmore	Malik_Gilmore@hcpss.org	\$275
July 14 to 18	Boys Lacrosse - We will develop and practice skills such as throwing, catching, ground balls, and provide instruction on the rules of the game.	8am to 11am	6th to 9th	Scott Sorensen	scott_sorensen@hcpss.org	\$175
July 14 to 18	Boys Basketball Camp (Week 2)	8:30am to 3pm	3rd to 9th	Malik Gilmore	Malik_Gilmore@hcpss.org	\$275
July 21 to 25	Boys Basketball Camp (Week 3)	8:30am to 3pm	3rd to 9th	Malik Gilmore	Malik_Gilmore@hcpss.org	\$275
July 28 to July 31 (August 1 is make-up day if needed)	Girls Soccer Camp - Daily Focus Monday: First Touch, 1v1 Moves, Juggling Tuesday: Passing and Trapping Wednesday: Shooting/Finishing and Defending Thursday: Contest Day	9am to 12pm	1st to 9th	Tim Deppen	timothy_deppen@hcpss.org	\$200
August 4 to 8	Explore Photography Camp - Campers will learn to become storytellers with their own artistic vision through various ways that light records an image. Students will get hands-on experience creating work in the photography darkroom, as well as, digitally while exploring digital cameras and Photoshop.	9am to 12pm	5th to 8th	Kate Martiyan	kate_martiyan@hcpss.org	\$180