



Divine You Yoga

online live stream timetable

	Mon	Tue	Wed	Thur	Fri	Sat	Sun
6:30am		Dynamic 30 min		Gentle 30 min			
7:30am	Dynamic 30 min	Gentle 30 min	Gentle 30 min	Dynamic 30 min	Gentle 30 min		
8:30am					Meditation 30 min		
8:30pm				Nidra 45 min			

www.divineyouyoga.com.au