

The Discovery Process for Your Life Group in 7 Steps

This process is simple and reproducible. Ask each question during each group session. 1hr/10mins Duration.

01

What are you thankful for this week?

(5 mins) Here is an easy way to get started. Call on someone, "Jenny, what are you thankful for today?" This question gets you ready for prayer as you begin with worship, expressing your gratitude to God. Everyone will have something to say. If you have more than five, try forming multiple groups for steps 1- 4.

02

What is the biggest challenge you are facing today?

(5 mins) Authenticity is critical for any group. Some people will not want to share, but in time they will see the value and how much people truly care. This question helps people learn to relate deeper and gives the group specific ways to pray and serve. Remember that a question like this requires time management. Using a word like "Today" or "one thing" helps to focus the group.

03

How can we help? Or Who could you serve this week?

(5 mins) This could be a group member who is facing a major challenge (childcare, parent in the hospital, note or call of encouragement). It doesn't have to be a "huge" event or a "huge" act of service. Lead your life group to a spirit of active compassion. Loving one another will be a hallmark, a contagion for your group and for those your group might reach.

04

How did you do last week?

(10 mins) How did you do with last week's "I Will"? How did that go? With whom did you share last week's lesson? How did you put into practice what you learned last week? We do not do this enough. Bible truth is meant to be applied. Applying truth solidifies it in our hearts and minds. To be held accountable means that others care about my spiritual growth and are there to help me stick to it. The enemy wants to distract you, but together we grow to see transformation in each other's lives. This is CRITICAL!

05

What is God saying?

(35 mins) Don't teach or explain. Read the Word together in several different translations. Have one person re-tell the passage in their own words as if talking with a friend. Ask them to do this before group time. Ask: What does this story teach us about God? (Stick to the passage only without cross-referencing). Ask: What does this story teach us about how people live? (a contrast between God's character and people's conduct develops). Ask: In what ways would we need to change if we lived this out daily?

06

If this is God speaking, what will you do about it?

(5 mins) Develop a SMART (specific, measurable, achievable, realistic & time bound) statement that will put the truth to work in your life. Ask everyone to write an "I Will" statement. For example: "I will spend 10 mins each day this week reflecting on God's goodness to my family." "I will prayer walk at least 1 day through my neighborhood this week."

07

Who will you share what you learned this week?

(5 mins) Share with at least one person this week what you have learned. Preferably, share this with someone who is not in a relationship with Jesus Christ and whom God has placed in your network of relationships. This helps your group get outside of themselves. Great stories come this time!