



## The Healthcare She Suite

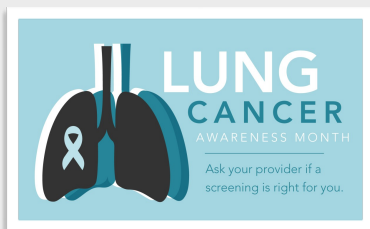
### Welcome to The Healthcare She Suite

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This platform is where we will explore all things C-Suite related to healthcare today, from quality of care to the experience of the frontline associate. Healthcare is an ever-evolving environment in which we tend to eat out often and sometimes need more focus on the business of saving lives. Embracing mentorship and cheering on everyone's success will be key themes explored on this platform.

### Early Detection Saves Lives

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## Welcome to the Healthcare "She" Suite Newsletter

*Let's take a moment to introduce the founders and "She" EOs of The Healthcare "She" Suite.*

Dr. **Jen Jackson**, a beacon of nursing leadership, brings over 15 years of experience in academic and community medicine roles. She earned a Bachelor of Science in Nursing degree from the University of Evansville in 1997 and a Doctorate in Nursing Practice with a specialty in Nursing Administration in 2013 from the University of Cincinnati. Her ability to build robust interdisciplinary teams aligned with the organization's mission, vision, and values is unparalleled. Her expertise in healthcare management, regulatory compliance, and patient safety, among others, is a testament to her dedication to advancing nursing practice and achieving excellence in quality outcomes and patient experience.

Dr. **Teresa Ash** has also been a healthcare leader for the last 15 years. She earned a Doctor of Pharmacy degree in 2002 from Ohio Northern University and a Master of Health Administration degree from Ohio University in 2016. She has experience leading healthcare services across a continuum of care, including private ambulatory practice, outpatient, and inpatient services. She has been responsible for a wide variety of clinical and non-clinical operations. She advocates for education and mentorship and is committed to creating strong teams and supporting women in healthcare leadership. She follows the principles of strength-based leadership. Her peers in healthcare and academia have recognized her as an effective and innovative leader, a testament to her dedication and passion.

The idea for **The Healthcare "She" Suite** began at the end of the COVID-19 pandemic. The COVID-19 vaccine had become available, and Drs. Jackson and Ash knew there was an opportunity to ensure equitable vaccine access. They developed a team that worked with area organizations to host vaccination events in communities hardest hit by COVID-19. Vaccination events were set up in churches, area breweries, restaurants, and more. This

## Leadership Corner

Many skills are required to be a good leader, including communication, decision-making, creativity, problem-solving, delegation, and accountability. You can likely think of even more, but one thing that is often overlooked is courage. Courageous leaders strengthen teams by advocating for change and inspiring their teams to strive for greatness, no matter what the challenge. So, how do you know if you lead with courage?

Courageous leaders share three primary behaviors:

1. Vulnerability – show humanity, admit limitations, and be willing to learn
2. Transparency – communicate openly, even when difficult
3. Empowerment – inspire teams to act boldly and applaud initiative

**Now, She Suits, your challenge is to go forth and lead with courage!**



team visited over 50 locations and administered over 40,000 vaccinations.

The success of this vaccine team and recognition of the need to continue developing female leaders in healthcare spurred Drs. Jackson and Ash created this group. Female leaders can do amazing things when we work together, and the mission of The Healthcare "She" Suite is to celebrate and elevate women in healthcare leadership. This is just the beginning; we are excited to have each of you on this journey with us!



## *The Great Eight - Traits of Powerful Female Leaders*

1. Strength—Powerful women dare to take risks, learn from failure, deal with stereotypes, remarks, or insults, and never give up.
2. Perseverance - Female leaders must be prepared to face biases and reach their goals despite uncertainty.
3. Ability to Create Women-Empowering Workplaces—This is the driving force behind creating *The Healthcare "She" Suite*. As female leaders, we are called to develop more female leaders!
4. Adaptability - Women can weather and use changes to their team's advantage.
5. Knowing How to Ignore Bad Advice - Gender, age, and background can trigger well-meaning advice; know when it is good.
6. Grit - Thrive in the face of adversity!
7. Knowing How to Ask - Women sometimes shy away from asking for opportunities. Be empowered to take charge of your career progression and ASK!
8. Tenacity - Female leaders face unique challenges in leadership. We often balance family, personal, community, and professional responsibilities. These opportunities allow us to show that we are leaders in all facets of life!