



The Healthcare
She Suite

Learn from HER

"You can't be afraid of what people are going to say, because you're never going to make everyone happy."
—Ali Krueger, U.S. Women's Soccer

This One's for the Girls

In 2023, Calli Brownson of the Cleveland Browns became the first women to coach in an NFL regular-season game. Her journey from intern to assistant coach is a powerful reminder that leadership on the field—and in healthcare—starts with opportunity and preparation



The Healthcare She Suite Newsletter

Fall Leadership Playbook: Lessons from the Field

"Leadership is a Game of Strategy, Endurance, and Legacy."

As the air turns crisp and stadium lights glow on Friday nights, football season reminds us of something timeless — leadership, like the game, is played in strategy, endurance, and legacy.

This fall, The Healthcare She Suite launched a special three-part series exploring how lessons from the field mirror our work in healthcare leadership. Whether you're calling the plays in the boardroom, managing a care team, or mentoring the next generation, leadership is not a solo sport.



Game 1: The Kickoff – Strategy Sets the Tone

Leadership Lessons:

- Preparation matters – The groundwork you lay defines your team's success.
- Adaptability wins – No game goes exactly as planned. Great leaders adjust on the fly.
- Collaboration drives results – Winning depends on trust and teamwork.

"When you make the right decision, it doesn't matter what anyone else says."
— Condoleezza Rice

🏈 Leadership takeaway: *The kickoff isn't about perfection—it's about preparation, clarity, and confidence in the playbook.*

Leadership Corner

Did you know the first female NFL scout, Connie Carberg, paved the way for women in football leadership back in 1976? Nearly 50 years later, women are part of game-day decisions, analytics, and player development—proof that inclusion changes the playbook.

Breast Cancer Awareness

🎀 Fast Facts for October

💖 1 in 8 women in the U.S. will be diagnosed with breast cancer in her lifetime.

🎗️ Early detection saves lives—when found early, breast cancer has a 99% 5-year survival rate.

👩‍⚕️ Mammograms remain the most effective screening tool for early detection.

🌸 Pink ribbons became the global symbol of breast cancer awareness in 1992.



🏈 Game 2: The Season – Endurance Builds Champions

Leadership Lessons:

- Endurance – Balance long-term vision with daily demands.
- Resilience – Turn setbacks into lessons that strengthen your team.
- Mentorship – Build the next generation to carry the torch forward.

🏁 *Leadership takeaway: Stay consistent, stay grounded, and remember that resilience is built one play at a time.*

"I really think a champion is defined not by their wins but by how they can recover when they fall."
— Serena Williams

🏆 Game 3: The Championship – Legacy Defines Greatness

Leadership Lessons:

- Vision shapes legacy – See beyond today's challenges to tomorrow's impact.
- Empowerment lifts others – True success comes when everyone has a voice.
- Culture defines success – Great teams share a purpose greater than any single goal.

🏁 *Leadership takeaway: Build a culture that endures long after the season ends. That's the mark of a true champion.*

"The vision of a champion is bent over, drenched in sweat, at the point of exhaustion, when nobody else is looking."
— Mia Hamm

Join us in The Healthcare She Suite

Join the Conversation

Share how you're leading your team this season by tagging #HealthcareSheSuite and #WomenWhoLead on LinkedIn.

Follow The Healthcare She Suite for more leadership inspiration and upcoming podcast episodes.



The Healthcare She Suite



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Your Leadership Challenge

As you lead your team this fall, ask yourself:

-  What does my playbook look like?
-  How am I modeling endurance for my team?
-  What legacy am I building through my leadership?

Until next time, keep leading, keep inspiring, and keep shaping the future of healthcare.