

HOW TO SUCCESSFULLY OBTAIN THE THINGS YOU DESIRE

For most people reading, having knowledge and awareness of success is not enough to achieve desired goals. It is application and understanding that lead to consistent outcomes and results.



1. Have a goal that excites you.
2. Be seriously committed to achieving success.
3. Once you have decided what you would love, hold the vision of what you desire in your mind.
4. Use the power of your imagination to act as if you have what you want in your life every day.
5. You will manifest what you desire by being consistent in holding the vision of what you would love in your mind every day.
6. Even though it is very simplistic, imagining and thinking about what you desire is a form of taking action.
7. Stop holding yourself back with false beliefs like 'I can't,' 'it's not possible,' 'I don't have what it takes,' or 'I'm not good enough.'
8. Impress new beliefs that support your desired outcome in your mind through repetition with sincerity and feeling.

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9. Remember, if you hear something repeatedly, your mind will eventually start to accept it.
10. Repeat new positive beliefs every day until they become your reality.
11. Repeat new supportive beliefs as if your life depends on it, because your new life does.
12. Build faith by impressing the idea of what you want into your mind repeatedly. Repeating the idea of what you want in your mind will train your mind to believe in your desired outcome.
13. Become one with your desired outcome and develop a knowing that what you want is already in your life.
14. Use the power of your imagination to help act as if your desire is already in your life.
15. Repeat or listen to a script detailing your desired outcome daily.
16. Think like a successful person, feel like a successful person, and imagine yourself as one. Do the things that successful people would do, and you will achieve your desired success.
17. Connect to what it feels like to have what you desire in your life now.
18. Ask yourself empowering questions to generate feelings of the fulfilment of your desires. I.e. How do you feel now that you have what you desire?
19. Be honest with yourself concerning the ways you are or have been blocking your success.
20. Do not waste time focusing on figuring out how what you want will become your reality.
21. Trust, have faith and allow the universe to reveal the how, to you.
22. Act on ideas and inspiration you receive concerning the next step to take and how to move toward your goal.



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23. When ideas or inspiration come to mind, be willing to stretch yourself beyond your comfort zone.
24. Take action and be open to taking necessary risks.
25. Do not attempt to force what you desire to happen. Allow it to happen.
26. Train your mind to believe that success is easy by repeating this to yourself daily.
27. Make a lifetime commitment to achieving success.
28. Set your mind to achieve your goals by taking a step towards your goal every day, no matter how small.
 - a. Imagine and feel as if you have already accomplished your goal – **BE**
 - b. Act as if your goal has already been achieved – **Do**,
 - c. Enjoy the experience of the positive outcomes and results - **HAVE**
29. Daily apply how to Be, Do, and Have success.
30. Ask for help or seek guidance if you need to.
31. Research, learn from, and apply the strategies that others who have achieved your desired success used to accelerate your own journey and success.
32. Be grateful.
33. Be patient and wait in anticipation that what you want will manifest.
34. Resist and redirect thoughts of giving up positively.
35. Honour your natural desire for more or better.
36. Acknowledge feelings of dissatisfaction, frustration or disappointment as an opportunity for personal expansion and growth.
37. Accept that you have within you everything needed to navigate any situation and experience a breakthrough.

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38. How you manage situations and your experiences depends on your perception, the choices you make and the actions you choose to take.
39. Persist with taking positive actions and steps until you succeed in achieving what you desire.
40. Do not judge, criticise, or be angry with yourself for things that you have done in the past. Learn from your experiences and move on.
41. Be compassionate with yourself.
42. Appreciate that you now have the awareness to do and be better in the future.