



# My Phone Contract

## I AGREE TO USE SILENT MODE:

- church
- school
- doctors offices
- bus
- weddings
- funerals
- dinner table

## TO PROTECT MY PHONE I WILL:

- Keep it in a case
- use a screen protector
- avoid use it in the bathroom
- keep it away from water
- keep \_\_\_\_\_ app active
- enable Find my phone
- keep bluetooth on
- keep the battery charged
- avoid password sharing

## SIGNATURES

I have read, discussed, agreed & plan to abide by these expectations.

I understand if I do not, my parent will confiscate the phone at his/her discretion

## TO PROTECT MYSELF I WILL:

- Avoid social media apps
- avoid talking/texting adults
- avoid chat rooms w/strangers
- ignore text from unknown users
- have downloads approved
- avoid sharing my location w/o permission
- keep the battery charged
- report any of the above to my parents
- respond to my parents immediately or as soon as possible
- practice internet safety
- not take pictures of my body
- not share pictures of my body or anyone else
- report any shared pictures/text that are not appropriate or make me feel uncomfortable

## TO RESPECT OTHERS I WILL:

- Avoid sharing/texting negative msgs
- avoid talking/texting adults
- avoid chat rooms w/strangers
- ignore text from unknown users
- have downloads approved
- avoid sharing my location w/o permission
- keep the battery charged
- avoid bragging and teasing
- report any of the above to my parents
- remove my phone from the bedroom at \_\_\_\_\_ on school nights
- at \_\_\_\_\_ on all other nights

FULL NAME

DATE