

Spiritual Activation Academy

**Elevate & Expand Your Energy to
Ignite Your Full Potential with this
3-month Live coaching program!**

Receive an Akashic Records Certificate & Learn EFT Tapping



Here's What You'll Get

- **Weekly trainings** (pre-recorded) to ignite your passion.
- **Weekly LIVE energy healings** to accelerate your healing.
- Activation **meditations** to immerse yourself in your healing journey.
- **Oracle & Tarot Card Pulls** to offer exclusive, personalized insights.
- Weekly **Workbooks** so you can integrate the lessons.
- 24/7 private **Facebook Group** support
- **Akashic Records Certificate** so you can offer readings in your business!
- Attend future rounds of the LIVE energy healing sessions for **FREE!**

Your Spiritual Makeover Starts Here

This program is for you if you want to:

- Learn how to **activate and rebuild your energy from a place of power!**
- Release **limiting beliefs, abundance blocks, trapped emotions, & inner child wounds.**
- Learn **EFT Tapping to release trapped emotions.**
- **Balance and protect your energy.**
- Activate your **intuition & psychic abilities.**
- Use **crystals and pendulums.**
- Connect with your **Angels & Guides.**
- Read the **Akashic Records** for yourself and others.

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Week One

Intention Setting & Alignment

- **LIVE Opening Prayer & Sacred Intention Ceremony**
- Finding your core values & setting purposeful intentions for growth.
- Spiritual breath work connection.
- Breath Work Energy Activation
- Personalized Card Pull
- Setting Intentions Workbook ,
Getting to Know Yourself Workbook,
Welcome Packet

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Week Two

Release Self-Limiting Beliefs and Heal Your Shadows

- **LIVE Distance Reiki: Release Self-Limiting Beliefs**
- Connect with your authentic self & break down self-limiting beliefs to activate your inner power!
- Meet Yourself Activation & Mirror Work
- Personalized Card Pull
- Limiting Beliefs Workbook

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Week Three

Inner Child Healing

- **LIVE Distance Reiki: Inner Child Heart Healing**
- Reconnect and heal your inner child wounds.
- Inner Child Connection Activity
- Running with the Dandelions
Activation Meditation
- Personalized Card Pull
- Younger Me Workbook

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Week Four

EFT for Uncovering Trapped Emotions

- **LIVE Distance Reiki for Trapped Emotions**
- Learn about EFT Tapping Technique and releasing trapped emotions to accelerate healing.
- EFT Tapping Technique Exercise
- Trapped Emotions & EFT Sequence Workbook

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Week Five

All About the Chakras

- **LIVE Distance Reiki: Chakra Healing**
- Learn about 9 chakras and how to balance them.
- Chakra Balancing Activation Meditation
- Chakra Card Pull
- Chakra Balancing (9 chakras) Workbook

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Week Six

Protecting Your Energy & Aura

- **LIVE Karuna Reiki®: Level Up! Aura Healing**
- Learn about aura strengthening, grounding, shielding, protecting your energy, amulets, and repelling the evil eye.
- Protective Shield Activation Meditation
- Protecting Your Energy Workbook
- **TAROT READING GIVEAWAY!**

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Week Seven

Call Back Your Power

- **LIVE Distance Reiki for Empowerment & Closure**
- Learn how to cut cords, remove cords after nightmares, and cut cords while you sleep.
- Cord Cutting Meditation
- Archangel Michael Cord Cutting Prayer Meditation
- Oracle Card Pull
- Call Back Your Power Workbook

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Week Eight

Manifesting Abundance

- **LIVE Distance Reiki: Opening up Abundance**
- Learn 10 steps to break down limiting beliefs and abundance blocks so you can manifest the life you want!
- Abundance Activation Meditation
- Personalized Card Pull
- Abundance Mindset Workbook

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Week Nine

Activating Your Intuitive Abilities

- **LIVE Distance Reiki: Third Eye Opening to activate your psychic gifts**
- Learn about 8 psychic abilities & ways to expand your own intuitive abilities.
- Clairvoyance Intuition Exercise
- Open Your Third Eye Meditation
- Personalized Card Pull
- Psychic Abilities Workbook

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Week Ten

Connecting with Your Angels & Guides

- **LIVE Distance Reiki: Open Your Crown**
- Learn about 6 different types of angelic beings, angel signs, and how to work with 14 Archangels.
- Meet your Spirit Guide Exercise
- Angel Card Pull
- Angels and Guides Workbook

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Week Eleven

Crystals & Pendulums

- **LIVE Crystal Sound Bath**
 - Learn about different crystal uses, terminated crystals, programming crystals, & crystal grids.
 - How to use a pendulum to get clear answers and read energy.
 - Crystal Card Pull
- Crystals & Pendulums Workboo

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Week Twelve

Uncovering Your Soul's Purpose with Akashic Records

- **LIVE Akashic Records Healing & Closing Ceremony**
- Learn to open & amend the Akashic Records, access past lives, & heal personal & family karma!
- Meet Your Akashic Records Guide
- Access/Closing Prayers
- Akashic Records Workbook
- **Akashic Records Certificate**
- **DISTANCE DEIKI GIVEAWAY!**

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12 Week Spiritual Mentoring & Transformational Growth Program to Activate Your Limitless Potential!

As a Reiki Master Teacher & spiritual coach, I have over 12 years of experience helping people transform their lives, spark their intuition, and find peace within themselves. My spiritual gifts have allowed my clients to experience powerful growth personally, professionally, and spiritually. As a #1 best-selling author, my book served as the energetic spark for this program! Are you ready to ignite your spiritual gifts & magnetize your energy?

