



SATURDAY NIGHT FUTSAL TRAININGS

AT 4S RANCH SPORTS PARK

DIRECTED BY DANNY MADRIGAL

Messi, Neymar & Cristiano Ronaldo, to name a few...all grew up playing Futsal.

They credit their tight ball control, ball mastery and other incredible dribbling skills to this wonderful indoor soccer version of the beautiful game. Futsal is 5 vs 5 (4 plus a goalie), played on a basketball size court with a slightly smaller weighted ball. Futsal has NO Walls. The small court and close proximity of the opponents, forces the players to keep the ball close to their feet while dribbling, use the sole of their feet to receive and grip the ball away from incoming defenders, develop pin-point passing, make proper runs in order to provide passing options for their teammate with the ball....and last but not least, the fast pace nature of the game, ultimately makes players think and react quicker. All of these skills translate into the outdoor game. The Spring Season is the perfect time to help your player develop these critical skills and make them into a better all around player.

FOUR Futsal Saturdays of Futsal touches for your player are remaining. These skills all transfer to the outdoor game as well. Come experience this fun and exciting sessions!

What: Four Futsal Sessions featuring 90 minutes of action packed futsal-SPECIFIC Programming. 50 minutes of futsal skills/exercises, and 40 minutes of game scrimmaging.

When: Saturday evenings beginning March 16

Where: 4S Ranch Sports Park (Hockey Rink), 16118 4S Ranch Pkwy, San Diego

Who: 2001-2012 Players

Dates: Saturday March 30, April 6, 13, and May 4

NEW TIMES: 2011/10/09 players at 4:15-5:45pm *** 2009-2001 players at 5:45-7:15pm

Cost: \$175

DANNY MADRIGAL - PROGRAM DIRECTOR



- 5-time US National Futsal Titles - Four as a coach and one as a player
- Played in the World Cup of Club Futsal in Portugal
- Futsal Coaching Licensed
- 16 years of domestic and international futsal coaching experience

Please contact 619Futsal Academy Director Danny Madrigal via email at BoysAcademy@619Futsal.com to register or for more information.