## Bay Oaks Newsletter March 2019

## March Business Meeting

Our business meeting for March is Thursday, 14 March 2019 at 6:30 pm, Kiln Library.

We currently have 39 members that have joined/renewed membership for 2019. If you have not renewed your membership, see Jean Anderson at the meeting. Annual dues are $\$ 15$. We finalize the roster \& email list after business meeting, so be sure you have renewed to continue receiving newsletters!

## March Block of the Month

If you are participating in Sue Chamberlain's block-of-the-month project, remember that your complementary colored "Friendship Star block" is due this meeting. Here's a re-cap of the "rules":

Final Block Measurements: Create a friendship star block that measures $12-1 / 2^{\prime \prime}$ square. Strive for accurate seams and measurement so whomever wins the lot of blocks will not have trouble fitting them altogether in a single quilt.

Color: The point of this assignment is to understand complementary colors on the color wheel. Last month, we were asked to use fabrics that "read solid". You may use fabric that has some tonal mottling or tone-on-tone or subtle prints, if that is what you have on hand. Hint: On the color wheel, complementary colors are typically straight across the wheel from one another.

Piecing Instructions: First you need to decide what color your star will be and what color your background will be. Your four corners will be made up of background fabric, your center will be the star fabric (all 4-1/2" squares) and then your four (4) "star points", the half-square triangles (or HSTs) will be made from squares of both fabrics. For the center block and the four corner blocks, you will start with $4-1 / 2$ " squares. For the half-square triangles (HSTs), you'll want to start with blocks that are 5 ".

So, you need a total of four (4) x 4-1/2 inch background fabric squares, one (1) $\times 4-1 / 2$ inch "star fabric" square, two (2) x 5 -inch background squares and two (2) x 5 -inch "star fabric" squares.

To make HSTs, you place your 5" squares (1 background, 1 star fabric), right sides together (RST), and draw a line from corner to corner. Sew along the edge of this line with your $1 / 4$ " sewing foot. Turn the unit, then sew along the other side of the same line. Once you have sewn on both sides of the line, then cut along the line you drew. Square your finished HSTs to $4-1 / 2$ " square. There is a wonderful webpage tutorial, that includes pictures and a video by Leah Day here:
https://leahday.com/pages/how-to-make-half-square-triangles Great for new quilters!!


Unit arrangement/Orientation: Arrange your units such that the top of your friendship star tips left. Top middle HST will have star fabric on bottom left and background fabric top right. Moving around clockwise, the right-middle HST will have star fabric on top left and background on bottom right. Bottom HST will be star fabric top right and background on bottom left, then the leftmost HST will be background fabric top left and star fabric bottom right. It should look like the picture shown with Ms. Sue above.

From: http://oldwww.quiltmaker.com/articles/successful freemotion machine quilting

## 4 Spots Available! Tea Event for Friends of the Animal Shelter

There are 4 seats available at our table for the high tea event. If you would like one of the spots, contact Chris Jarrell and bring $\$ 15$ by the business meeting this Thursday. Typical attire for this event is dress up for ladies complete with hat.

## March 23rd: Program Day \& Sit-N-Sew

Our next Program teaches how to make the ruler holder/carrier bag that doubles as a pressing mat and will be taught by Ms. Ava. These are handy items for protecting your rulers as you bring them to sewing events and retreats. Supply list not available at time of this publication, but it will be sent out soon. Note that we are doing this one on Saturday, in lieu of Thursday evening due to the time it takes. This is also a "Sit-N-Sew" Saturday. If you want to bring your own project and sit \& sew with the group on your own thing, please feel welcome to do so. The library opens at 9 am , so that is when we get started. Again, there will be no program night on $\underline{28 \text { March. }}$

## March 23-24: Arts Alive!

There was a sign up list that went around last business meeting for Arts Alive booth sign ups. We will remind our members at the business meeting who signed up to work and advise of any additional openings. Demos/activities that we have at our table (informal) will focus on quilting/sewing techniques that are related to using STEM skills (Science, Technology, Engineering \& Math). This demonstrates to kids how these skills are incorporated into everyday activities. Thanks to all who have volunteered for this event! Look forward to seeing you there!

## Upcoming Sit N Sew Dates

For those unfamiliar, we have monthly sit-n-sews at the Kiln library on designated Saturdays. This is time set aside to bring whatever you'd like to work on and sew in the company of other members. It starts around 9 in the morning, and they usually wrap up by about 3 pm . You can come for any portion of the time...this is a flexible, stress-free day! You can bring lunch and/or snacks or make a food run (there's a subway just north and Ward's south). If you can make these occasionally, it's great fellowship and fun! The upcoming Sit-N-Sew dates are:

March 23
April 13
May 18

## Upcoming Program Nights

April: Quilt Turn-In for Show
May: Burrito Pillowcase (Joy) - Brenda's House project

## Quilt Show - May 10-11

Be getting your entries ready! Quilt Show is around the corner! If you signed up to chair an event, please be ready to report your status at the business meetings from this point forward. I've slowed down a good bit, so if you have questions, don't hesitate to call me (Venessa).

Quilt Sleeve Instructions are being sent out as a separate file (attached to email) with this newsletter! Check it out!

SELL ADS!! The ads cover the cost of producing our programs. Ads do not have to be quilting or sewing related! Venessa is collecting ad forms and associated business cards/logos.
-Venessa

From: http://oldwww.quiltmaker.com/articles/successful freemotion machine quilting

# Beckwith Retreat 

The 2019 Bay Oaks Retreat at Beckwith is scheduled for Thursday, August 15th through Sunday, August 18th. The retreat starts at 10 am on Thursday (lunch first meal) with departure Sunday afternoon no later than 4 pm . Sunday lunch is the last meal served. Total cost for the retreat remains the same as last year, $\$ 309$ for double occupancy and $\$ 387$ for single occupancy. If you wish, you can pay in three installments.

Payment schedule
March business meeting (3/14/19)- $\$ 103$
May business meeting (5/9/19)- \$103
July business meeting (7/11/19)- \$103
Of course, if you want to pay the full amount up front or any combination that will get you to $\$ 309$ or $\$ 387$ by mid-July- that's fine, too.

See Kay Guillot to confirm your slot.

## Charity Quilts - Seeking Nominations for a Cause

It was brought to our attention that Brenda's House is changing direction $/$ mission. Article from the Sea Coast Echo is shown. We have been sewing quilts for the children the past couple of years, but this changing direction will diminish the need that we were filling. We are proud of our work in this endeavor. That said, it seems it is time that we also change direction and look for another need that we can fulfill with our quilts. A couple of ideas came up at the board meeting, such as the lap quilts for elderly for one of the nursing homes or perhaps looking into the quilts of valor program. If you know of a need that we can fill in our community with quilts, please bring your ideas to the membership.

Brenda's House Children's Emergency Shelter aims to change direction

BY CASSANORA FAVRE STAFF WRIIER

TThe Hancock County Board of Supervisors on Monday heard from Hancock County Human Resource Agency Executive Director Lora Mederos about the new direction of Brenda's House Children's Emergency Shelter.
"On a national level, federal guidelines regarding congregate care - which is what we provide at the children's shelter - have changed with the Family First Prevention Services Act," Mederos said. "The state is therefore moving toward a strengthening families and protective factors framework."

The state is currently funding a pilot program, she added.
"The number of children in care in Hancock County has decreased by over

50 percent in the last year," Mederos said. "Hancock County Youth Court is also moving towards what appears to be a strengthening family approach. Youth Court has also conducted a field study of services needed to protect children and keep them safe in their homes or returned as soon as possible with the least amount of trauma to the children."

Mederos said the youth court identified several resources in its state of address, including: Life skills classes for teens and parents; teen mentoring; crisis management counseling; agencies servicing families in Hancock County in collaboration with others to better prepare services to help families; agency training; and providing health and basic services to Child Protection Services.

Mederos said Brenda's House opened

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THE SEA COAST ECHO


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