

COVID-19 Coronavirus Update by Owner Stephanie Kelly



The Coronavirus has taken a toll on all of us across the country. I want to ensure you that we are doing everything possible to reduce the spread and exposure to the virus and all other infectious diseases. I want to emphasize our continued safety commitment to our lead instructor, instructor assistants and our students. We are still holding classes, however there are strict measures in place which are outlined below.

- If you are having any signs of illness (cough, runny nose, fever or other symptoms) or have had these symptoms within the past 24 hours, you will not be permitted to attend class and you will need to reschedule your training.
- All of our classes will be held at our Speedway location until further notice. Our other 2 locations are closed.
- All classes will be in blended learning format only. Meaning part of the class will be online and part in person to reduce the amount of time spent gathering.
- All classes are only permitted to have 6 or less students. I am also personally providing the option of 1 on 1 classes to those who are uncomfortable with having class with others at this time.
- As usual all equipment used in class will be decontaminated and sanitized before and after class
- Hand washing upon entering the training center is MANDATORY for all students and non latex gloves will be provided and are MANDATORY.
- Each student will have their own individual manikin and AED to use in class
- There will be no practice of rescue breathing. In Basic Life Support Classes a Bag Valve Mask will be used to practice ventilations.
- There will be no practice of the Heimlich Maneuver on each other, alternative techniques will be used to prevent physical contact.

If you have any questions about the measures we are taking or to schedule a 1 on 1 class please contact me directly at 317-798-9743 or e-mail stephanie.kelly@breatheagaincpr.com

Best wishes,

Stephanie D. Kelly