

Kerala Dishes: Entrees

Pavakkai/ Kaipakkai Uppadan
 Uppuchar
 Ericcha Kari
 Vellarikkai pachadi
 Kai puli
 Moru molgau
 Unda kari
 Molagootal
 Pitla (Eggplant or Bittermelon)
 Rasam
 Vendhasar
 Puli itta kari
 Parikkai porichozhambhu (bitter melon)
 Sevappu keerai vengaya Sambhar (Red amaranth)
 Cheppankizhanghu pachadi (Taro)
 Ana Pachadi (Taro, okara, mango, pumpkin)
 Pineapple race
 Beetroot pachadi
 Cucumber kichadi
 Cabbage poduthuval
 Eggplant Mezhukku varatti
 Beans thoran
 Long beans/Payaru Kaya Mezhukku varatti
 Kaplangai pdothuval
 Kappa puzhukku (Tapioca)
 Payaru puzhukku (Green gram)
 Kadala curry
 Idi chakka thorn (Seasonal)
 Vendekkai thoran
 Chow-chow thoran
 Bean thoran
 Kaya thoran (raw plan)
 Beetroot thoran
 Keerai molagootal
 Elavan molagootal
 Ishtew
 Molagushyam

Cabbage Avial
 Keerai Aviyal
 Puli itta keerai
 Puli Inji/Inji puli
 Puttu & Kadalai
 Sevai & Pulisshery
 SambaramChukku mana

Kerala Dishes: Sweet/Dessert

Unni appam
 Ney payasam
 Parippu pradhaman
 Sugiyam
 Elai adai
 Aravana payasam
 Pal payasam
 Chakka Pradhaman
 Idiccha pizhinja payasam
 Semia payasam
 Palada pradhaman (Sugar or jaggery)
 Aval payasam
 Uppittu
 Aval Vellam ittadhu
 Godhuma pradhaman
 Chow ari pradhaman/payasam (Sabudhana/Sago)
 Ukkarai
 Nannari Sharbath
 Narangai Vellam
 Kattan chaya
 Malabar Chaya

Tamil Nadu Dishes: Snacks

Medhu vadai
 Paruppu vadai
 Ulundhu bonda
 Madras bonda (Potato)
 Tool pokada
 Masala vadai

Ama vadai
 Molaga Bajji (Banan pepper/Chilli)
 Mix Veg bajji (Onion, Plantain, Eggplant, Potato, Capsicum)
 Thayir Vadai
 Veg Cutlet
 Mini Samosas

Tamil Nadu Dishes: Entrees

Arachu Vitta Sambhar
 Tiffin Sambhar
 Podi Sambhar
 Thakkali Sambhar
 Gothsu
 Vengaya mullangi Sambhar
 Murungakkai Sambhar
 Pudu puli pacha moulage Sambhar
 Vengaya Sambhar
 Pitla (Pavakkai or Eggplant)
 Pineapple rasam
 Tomato rasam
 Jeera pepper rasam
 Poondu rasam (Garlic)
 Marundu rasam
 Gud rasam/Porichu kottina rasam
 Kathirikkai Rasavangi
 Poricha Kootu
 Morkuzhambhu
 Vatha Kuzhambhu
 Kara Kuzhambhu
 Mendhaya Kuzhambhu
 Keerai onion sambhar
 Karuvepliali Kuzhambhu (Curry leaf)
 Poondu Kuzhambhu (Garlic)
 Milagu Kuzhambhu (Black pepper)
 Kosambari
 Beans poriyal
 Vendakkai portal (Okra)
 Ennai Kathirikkai (Stuffed eggplant)