



COVID-19

BEST PRACTICES

Best practices and strongly recommended procedures in accordance with CDC and HCPF operational memos.

EVERY DAY

Use the recommended daily precautions while outside the home or visitors come into your home:

- Nitrile / Vinyl Gloves
- Use a Face Mask: Disposable or cloth. Replace or wash often
- Practice Hand Washing
- Don't touch face/eyes
- **DAILY!! TAKE THE TEMPERATURE OF EACH INDIVIDUAL IN SERVICES AND RECORD IT IN THERAP. NO EXCEPTIONS.**



BE PREPARED

It is strongly recommended to have the following items in your home NOW while everyone is healthy in preparedness in the event someone in the home were to become ill:

- KN95 Masks
- Goggles or Face Shield to be worn **WITH A MASK**
- Nitrile / Vinyl Gloves
- Gowns— Medical disposable gowns or 30 gallon trash bags over torso if clothing is not exposed



IF SOMEONE IS SICK

If someone in your home becomes sick please be sure to properly use and dispose of the PPE items listed at left along with implementing the following procedures:



- Quarantine the infected individual in a private space
- Designate a private bathroom for the individual if possible, if not, sanitize after each use
- Use and clean a separate set of dishes and utensils for use only by the infected individual
- Wash linens for the infected individual separately from others in the household

Please reference the COVID-19 Policy page for Metro Support at www.MetroSupport.net