

EMERGENCY BEHAVIOR CONTROL

POLICY

(Ref. 10 CCR 2505-10 8.608.4)

Emergency control is the unanticipated use of a restrictive intervention or restraint in order to keep the individual receiving services and others safe. Emergency control procedures are those in which the immediate restrictive intervention is necessary to protect an individual receiving services or others from physical injury. Behavior requiring emergency control procedures is infrequent and unpredictable.

Emergency behavior control procedures are the generalized actions Metro Support Services, Inc. will take with a person exhibiting behaviors which may cause physical injury to themselves or others- or cause severe property damage. Restrictive interventions shall be employed only by individuals who have been trained and when alternative techniques have failed.

Restrictive interventions, which may be used for emergency behavior control, include physical restraint and interference with an individual's ability to acquire rewarding items or engage in valued experiences. **NO PHYSICAL OR MECHANICAL RESTRAINT OF A PERSON RECEIVING SERVICES SHALL PLACE EXCESS PRESSURE ON THE CHEST OR BACK OR INHIBIT OR IMPEDE THE PERSON'S ABILITY TO BREATHE.**

Emergency behavior control procedures shall not be used as punishment, for the convenience of staff or contractual providers, or as a substitute for services, supports, or instruction.

The use of Posey vests (i.e., a medical device used to restrain an individual to a chair or bed), straitjackets, ankle or wrist restraints or a behavior management room for behavior control is prohibited. The use of psychotropic medications for the purpose of emergency behavior control is prohibited.

METRO SUPPORT SERVICES will require formal training in behavior management for any Host Home Provider who works with individuals who exhibit challenging behaviors.

Use of an emergency control procedure of 3 times or more in a one month period will require an IDT (Interdisciplinary Team) to convene.

Whenever an emergency control procedure is used, MSS staff or contractual providers shall document on a critical incident report (GER) that will be sent to the North Metro Community Services Resource Coordinator within twenty-four (24) hours.