



DR LORI PUSKAR

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To my friends and colleagues,

I wanted to personally let everyone know about an exciting new chapter before you happened to hear about it through someone else.

After deciding it was time for me to move in a different direction professionally, I've had so many practitioners call, text, and email asking if I would work with them privately again. After hearing the same request over and over, I finally decided the time is right.

Over the past several months, I've spent a great deal of time reviewing my own journey, both professionally and personally. Looking back over everything I've experienced, everything I've learned, and where I want to contribute going forward has led to a number of important realizations.

The more I reflected on my career, the more I realized that helping practitioners grow, both clinically and professionally, has always been one of the most meaningful parts of my work.

Because of that, I'm excited to announce that I'm returning to private practitioner consulting.

I'll be working directly with individual healthcare practitioners on both clinical and practice management challenges. Whether you're struggling with difficult patient cases, refining your clinical reasoning, improving muscle testing skills, growing your practice, strengthening systems, or simply looking for another experienced set of eyes, every consultation will be personalized to your individual goals.

I also want to be very clear about how I'm approaching this.

This is simply me consulting as Dr. Lori Puskar, drawing on more than 30 years of clinical practice and over 12 years teaching practitioners. I am not representing or affiliated with any company, organization, technique, seminar group, or nutritional company.

Whether you trained with one teacher or another, practice one muscle testing system or another, or use one nutritional company or another simply isn't the point. My goal is not to change your philosophy or steer you toward any particular approach. My role is to help you become the very best clinician and business owner you can be while respecting the path you've chosen.

I also want everyone to know that this isn't about stepping into anyone else's lane. Quite the opposite. I see this work as complementary to the many outstanding educators, organizations, and companies that already exist within our profession. My desire is simply to share what I've learned, help practitioners overcome barriers, build greater confidence, and ultimately help more patients receive exceptional care.

If you'd like to learn more, I'd love to have you visit my practitioner consulting page:

<https://drloripuskar.com/practitioners>

I'm genuinely excited to return to this work. I've missed working directly with practitioners, and it truly feels like the right time.

I also hope this creates opportunities to build and strengthen professional relationships throughout our profession. I believe there is room for all of us to support one another, contribute in our own unique ways, and continue elevating the standard of care for the practitioners and patients we serve.

I look forward to reconnecting with many of you.

With appreciation,
Dr. Lori Puskar