



The answer is yes!

And you might be thinking: “I don’t buy it. How can that be?”

Well the first answer is that I was a skeptic when I first heard about this.

But after a year of research, and being my own guinea pig, I realized that: It has always been our DNA. But we never had a technology to use it and understand it.

Well, thanks to the [Human Genome Project](#), we now have a **COMPLETE UNDERSTANDING of WHO WE ARE**, right down to each and every DNA strand.

You might also be thinking, well I am not just a body. Which is true, but you do have one and it comes with it’s own set of blueprints. And, once you take a look at your DNA, it explains A LOT.

HERE ARE SOME EXAMPLES:

EXAMPLE 1:

You all know the phenomena of two women who are trying to lose weight and are doing the same diet.

WOMAN 1: Drops pound after pound.

WOMAN 2: Doesn’t lose any weight or God forbid, actually gains weight.

Now if bodies and bio-chemistry are supposedly the same person to person, wouldn’t the two women have the **SAME** exact **RESULTS** on the **SAME** DIET?

Of course they would! So, why have so many of us been **WOMAN 2**? What is arbitrary?

THE ANSWER IS: Their DNA!

EXAMPLE 2:

Two men go out to have a few beers.

MAN 1: Chugs down beer after another, seemingly no side effects, gets a good buzz, goes home a happy camper and gets up for work the next day.

MAN 2: After one beer gets a headache, then becomes sick as a dog and has a hangover for 3 days.

SAME BEER. SAME BAR. BOTH MEN HAVE LIVERS THAT SHOULD DETOX THE ALCOHOL.
What’s the difference? Their DNA!

EXAMPLE 3:

Two best friends smoke a pack a day and drink Scotch on the weekends. They are neighbors, live similar lifestyles and work together at the same company.

FRIEND 1: Lives a long happy life, retires with his gold watch, and buried blissfully and lovingly by his family at a ripe old age.

FRIEND 2: Gets cancer at 50, battles with chemotherapy and loses, dies a pre-mature death and leaves loved ones behind.

What’s the difference? Their DNA!

DR LORI PUSKAR

1180 NE Cleveland Street Clearwater FL 33755 chat@drloripuskar.com Call/Text: 727.304.2592 www.drloripuskar.com
This article is subject to: <https://drloripuskar.com/disclaimer-privacy-terms-1>

EXAMPLE 4:

A husband and wife have very busy lives, and by the end of the day, both of them are tired.

SPOUSE 1: Gets six hours of sleep, then gets up early and puts in a full day the next day.

SPOUSE 2: Needs 9 hours of sleep minimum, can barely get out of bed the next day and then drags all day and doesn't get much done.

Talk about marital strife!
What's the difference? Their DNA!

EXAMPLE 5:

Two babies are born on the same day, in the same hospital and are put on the same vaccination schedule.

BABY 1: Seems unaffected by all of the vaccinations over the next several years.

BABY 2: Suffers severe damage and lifelong disabilities.

Could this have been avoided?
If we had the opportunity to see their DNA beforehand, possibly so.

EXAMPLE 6:

Two sisters are trying to get pregnant.

SISTER 1: Pregnant after the first month of trying

SISTER 2: Has several miscarriages, tries IVF but it never takes.

These two are SISTERS and even have SIMILAR DNA.
But guess what they don't have? The SAME DNA.

YOUR DNA TAKES OUT ALL OF THE MAYBE'S.

Have you ever received unsolicited advice from someone who tries to tell you WHY you have the symptoms you do? Or maybe you are even doing it to yourself.

YOU THINK:

Maybe it's EMF's?
Maybe it's sugar?
Maybe it's my gut flora?
Maybe it's my kidney's?
Maybe it's a magnesium deficiency?

Let's take ALL of the Maybe's out once and for all.
The TRUTH is, YOU DON'T KNOW.

I don't even know and I am a Natural Health Expert for over 2 decades!

But guess what DOES Know? Your DNA!

WHAT SHOULD YOU DO NEXT?

If you see yourself, or anyone you know, in any of the above scenarios, then there's a good chance the missing link to a better life for you is finding out how your DNA is working for you or against you.

The **BEST PART** about it is that, once we know what is optimum for you, it's just a matter of turning a light switch off or on. Meaning which genes do we want contributing and **BE ON**, and which ones do we want to keep quiet and **BE OFF?**

The trick is to find out what foods, supplements and lifestyle habits will turn the light switches on or off.

THE BOTTOM LINE

Despite all of your best efforts to help yourself over the years, if you're still struggling with your weight, fatigue, headaches, hormones, body symptoms, illnesses etc., there is STILL MORE that can be done about it!

Get your DNA Genetic Profile Test and **LET'S SEE WHAT WE FIND!**